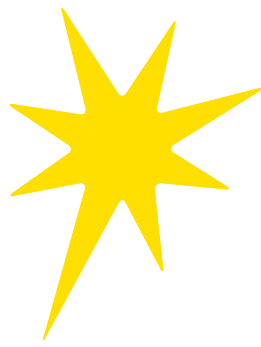




Library List

Children's books



Working wonders for children with brain conditions

Families where a child has a brain condition face challenges every day. Just to learn, play, make friends and experience the world can feel difficult, even impossible. But we don't believe there's any challenge that can't be overcome.

So we listen to families, we learn from them. We carry out research, we design and innovate, we make and share. From new equipment to new learning resources, to new ways to play and support each other, everything we find out together makes life better. It opens doors to discovering the world. It's an incredibly rewarding journey for everyone involved. Why not be a part of it? You never know what we'll discover together.

www.cerebra.org.uk

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About our children's library

As part of our library collection we have books especially for children. We have books to explain specific conditions that you can read with your child and ones for older children to read themselves. We also have fiction featuring characters with special needs. Introductory books and dvds on signing. Books on emotions, growing up and sensory issues as well as books for siblings to explain how life is different for their brother or sister.

We have also been donated some general children's fiction, which we have also put in the library. The list of these is at the end of this catalogue.

We are sorry, but children cannot be library members themselves, parents and carers can borrow books on behalf of their child as part of their own library membership.

You can join the library by filling in the webform on the library page of our website www.cerebra.org.uk or by phoning our freephone number 0800 32 81 159 and going through to the library Option 1 then Option 2. If you are not sure which books would be best for your child please email the Librarian on janetp@cerebra.org.uk and she will be happy to make some recommendations.

Key

C = a children's book

AV = a children's DVD



= the most popular books in the library

ADHD

A Dragon with ADHD

Ref: C0393

Fiction


Age 5 and under

Hi! It's Me! I have ADHD

Ref: C0339

Non-fiction

Age 5 - 8

ADHD is Our Superpower: the amazing talents and skills of children with ADHD 

Ref: C0378

Non-fiction

Age 5 – 8

Focused Ninja

Ref: C0447

Non-fiction


Age 5 - 8

Sparky's Excellent Misadventures: my ADD journal by me Sparky

Ref: C0058

Fiction


Age 8–12

Jumpin' Johnny Get Back To Work – a child's guide to ADHD and hyperactivity 

Ref: C0061

Fiction

Age 8–12

Can I Tell You About ADHD? A guide for friends, family and professionals 

Ref: C0369

Non-fiction

Age 8 - 12

Thriving with ADHD Workbook for Kids: 60 fun activities to help children self-regulate focus and succeed

Ref: C0396

Non-fiction

Age 8 – 12

The Survival Guide for Kids with ADHD 

Ref: C0397

Non-fiction

Age 8 – 12

All Dogs Have ADHD 

Ref: C0442

Non-fiction


Age 8 – 12

The Girls' Guide to ADHD

Ref: C0117

Non-fiction

Age 12 plus

The Teenage Girl's Guide to Living Well with ADHD – improve your self-esteem self-care and self knowledge 

Ref: C0441

Non-fiction

Age 12 upwards

Autism and Aspergers

Through the Eyes of Me

Ref: C0273 & C0274 & C0329

Non-fiction

Age 5 and under

My Awesome Autism 

Ref: C0323

Non-Fiction


Age 5 and under

Through the Eyes of Us

Ref: C0330

Non-fiction

Age 5 and under

The Superhero Brain: explaining autism to empower kids 

Ref: C0402

Non-fiction

Age 5 and under

My Brother is Autistic: a social story to help explain a little about autism

Ref: C0437

Non-fiction

Age 5 and under

My Sister is Autistic: a social story to help explain a little about autism

Ref: C0439

Non-fiction


Age 5 and under

My Brother Matthew

Ref: C0039

Non-fiction

Age 5–8

My Social Stories Book: how to use social stories for kids on the autism spectrum 

Ref: C0075

Non-fiction

Age 5–8

Ian's Walk

Ref: C0403

Fiction

Age 5–8

My Brother is Autistic

Ref: C0421

Fiction

Age 5–8

Kevin Thinks...about outer space, confusing expressions and the perfectly logical world of Asperger Syndrome

Ref: C0168

Non-fiction

Age 5–8

What Is It Like to Be Me? A book about a boy with Asperger Syndrome

Ref: C0181 & C0219

Non-fiction

Age 5–8

Looking After Louis

Ref: C0258

Fiction

Age 5–8

My Brother is Different by The National Autistic Society 

Ref: C0259 & C0399

Non-fiction

Age 5–8

Andy and His Yellow Frisbee

Ref: C0260

Fiction

Age 5–8

Autism Superheroes Comic Strip (Bilingual in English and Welsh)

Ref: C0267

Fiction


Age 5–8

Inside Asperger's Looking Out

Ref: C0296

Non-fiction

Age 5 - 8

It's a P(an)DA Thing – a visit to the world of pathological demand avoidance 

Ref: C0351

Non-fiction

Age 5 – 8

My Big Brother (a book about autism awareness)

Ref: C0390

Fiction

Age 5 – 8

Understand Me – an inspiring journey of a boy with PDA

Ref: C0368

Fiction

Age 5 – 8

Having Fun with Feelings on the Autism Spectrum: a CBT activity book for kids aged 4 – 8

Ref: C0380

Non-fiction

Age 5 - 8

My Friend with Autism

Ref: C0400

Non-fiction

Age 5 – 8

My Sister Has Autism

Ref: C0438

Non-fiction

Age 5 - 8

Different Like Me: a book of autism heroes 

Ref: C0065 & C0297

Non-fiction

Age 8–12

Blue Bottle Mystery: an Asperger adventure

Ref: C0082

Fiction

Age 8–12

Of Mice and Aliens: an Asperger adventure

Ref: C0085

Fiction


Age 8–12

Can I Tell You About Asperger Syndrome? A guide for friends, family and professionals 

Ref: C0093 & C0233


Non-fiction

Age 8–12

Do You Understand Me?
My life, my thoughts, my 
Autism Spectrum Disorder
Ref: C0141 & C0419
Non-fiction
Age 8–12

A Book About
What Autism Can Be Like 
Ref: C0149
Non-fiction
Age 8–12

Explaining Autism 
Ref: C0193
Non-fiction
Age 8–12

Can I Tell You About
Pathological Demand
Avoidance Syndrome?
A guide for friends,
family and professionals 
Ref: C0294 & C0295
Non-fiction
Age 8–12

Can I Tell You About Autism? A
guide for friends, family and
professionals 
Ref: C0376
Non-fiction
Age 8–12

Creating Autism Champions:
autism awareness
training for Key Stage 1 and 2
Ref: C0275
Non-fiction
Age 8 – 12

The ASD and Me Picture Book –
a visual guide to understanding
challenges and strengths
for children on the autism
spectrum
Ref: C0386
Non-fiction
Age 8 – 12


Leah's Voice
Ref: C0300
Non-fiction
Age 8 - 12

There Are Things I Know
Ref: C0304
Fiction
Age 8 – 12

Autism in My Family: a journal
for siblings of children with ASD
Ref: C0317
Non-fiction
Age 8 - 12
He's Not Naughty! A children's
guide to autism
Ref: C0321
Non-Fiction
Age 8 - 12

The Pebble Secret – the story of
one little girl's discovery of her
autism diagnosis
Ref: C0350
Non-fiction
Age 8 - 12


Pathological Demand
Avoidance Explained
Ref: C0352
Non-fiction
Age 8 - 12

All Cats Are on the Autism 
Spectrum
Ref: C0362
Non-fiction
Age 8 – 12

I'm Not Upside Down I'm
Downside Up: not a boring
book about PDA
Ref: C0404
Fiction
Age 8 – 12

The Panda on PDA
Ref: C0435
Non-fiction
Age 8 – 12

The Secret Life of Rose: inside
an autistic head
Ref: C0436
Non-fiction
Age 8 – 12

How To Be Yourself in a
World That's Different: an
Asperger Syndrome 
guide for adolescents
Ref: C0148
Non-fiction
Age 12 plus

Haze – the story of a teenage
boy with Aspergers by Kathy
Hoopman
Ref: C0132
Fiction
Age 12 plus

Trueman Bradley – Aspie
Detective
Ref: C0158
Fiction
Age 12 plus

The Curious Incident of the
Dog in the Night-time by Mark
Haddon
Ref: C0182
Fiction
Age 12 plus

Rules: twelve year old Catherine just wants a normal life, but she has a brother with autism

Ref: C0192

Fiction

Age 12 plus

Siblings: the autism spectrum through our eyes

Ref: C0309

Non-Fiction

Age 12 plus

The Asperger Teen's Toolkit

Ref: C0325

Non-Fiction

Age 12 plus

Can You See Me?

Ref: C0328

Fiction

Age 12 plus

Autism Bullying and Me: the really useful stuff you need to know about coping brilliantly with bullying

Ref: C0373

Non-fiction

Age 12 plus

Successful Social Stories for School and College Students with Autism: growing up with social stories

Ref: C0379

Non-fiction

Age 12 plus

Developing Resilience in Young People with Autism Using Social Stories

Ref: C0381

Non-fiction

Age 12 plus

The Awesome Autistic Go-To Guide: a practical handbook for autistic teens and tweens

Ref: C0388

Non-fiction

Age 12 plus

Dude, I'm An Aspie! Kids' Edition

Ref: C0302

Non-fiction

Age 12 plus

The Asperkids Secret Book of Social Rules: the handbook of not so obvious neurotypical social guidelines for autistic teens

Ref: C0420 & C0440

Non-fiction

Age 12 plus

Behaviour

Words Are Not For Hurting

Ref: C0033

Non-fiction

Age 5 and under

Let's Be Helpful

Ref: C0047

Non-fiction

Age 5 and under

Crocodiles Don't Brush Their Teeth

Ref: C0106

Non-fiction

Age 5 and under

Kind Hands Don't Hurt

Ref: C0341

Non-fiction

Age 5 and under

It's OK to be Different – a children's book about diversity and kindness

Ref: C0345

Non-fiction

Age 5 and under

Lester Learns a Lesson

Ref: C0283

Fiction

Age 5 - 8

People Don't Bite People

Ref: C0342

Non-fiction

Age 5 - 8

I Can Control My Anger

Ref: C0343

Non-fiction

Age 5 - 8

But Why Can't I? – a book about rules

Ref: C0354

Fiction

Age 5 - 8

I Didn't Do It! – a book about telling the truth

Ref: C0355

Fiction

Age 5 - 8

Kindness is My Superpower

Ref: C0429

Non-fiction

Age 5 - 8

Rules and Responsibilities

Ref: C0446

Non-fiction

Age 5 - 8

Don't Behave Like You Live in a Cave

Ref: C0151

Non-fiction

Age 8–12

Brain Tumour

All About Brain Tumours – I really wish we could find out what having a brain tumour is going to be like

Ref: C0137

Non-fiction

Age 8–12

What's Up With Rachel?

Medikids explain brain tumours

Ref: C0142

Fiction

Age 12 plus

Cerebral Palsy

Captain Wobbly

Ref: C0318

Fiction


Age 5 - 8

Explaining Cerebral Palsy 

Ref: C0196 & C0197

Non-fiction


Age 8–12

I Have Cerebral Palsy 

Ref: C0324

Non-Fiction

Age 5 - 8

Can I Tell You About Cerebral Palsy? A guide for friends, 

family and professionals

Ref: C0231

Non-fiction

Age 8–12

Xander's Cerebral Palsy Superpowers (explains all types of Cerebral Palsy)

Ref: C0370

Non-fiction

Age 5 - 8

Cerebral Palsy Gal: a kid's book

Ref: C0405

Fiction

Age 8 - 12

My Child has Cerebral Palsy

Ref: C0406

Non-fiction

Age 5 - 8

Down Syndrome

Victoria's Day

Ref: C0136

Non-fiction

Age 5–8

My Friend Has Down Syndrome

Ref: C0144

Non-fiction

Age 5–8

Our Brother Has Down Syndrome

Ref: C0183

Non-fiction

Age 5–8

Mom Do I Have Special Knees?

Celebrating our special needs child with Down Syndrome

Ref: C0189

Non-fiction

Age 5 -8

Explaining Down's Syndrome

Ref: C0195

Non-fiction

Age 8–12

Dyspraxia

My Friend Josh has Dyspraxia

Ref: C0407

Non-fiction

Age 5 - 8

Can I Tell You About Dyspraxia? A guide for friends, family and professionals

Ref: C0215

Non-fiction

Age 8–12

Educational books

Ceri & Deri No Time for Clocks

Ref: C0331

Fiction

Age 5 and under

Numbers Songs and Rhymes – songbook and CD in English and Welsh

Ref: C0358

Non-fiction

Age 5 and under

Stories Songs and Rhymes – songbook and CD in English and Welsh

Ref: C0359

Non-fiction

Age 5 and under

Food Fun and Active Play for Tiny Tots – activity cards in English and Welsh

Ref: C0360

Non-fiction

Age 5 and under

People – an interactive lift the flap book

Ref: C0425

Non-fiction

Age 5 and under

Coronavirus and Covid: a book for children about the pandemic – illustrated by Axel Scheffler

Ref: C0364

Non-fiction

Age 5 – 8

Me & My AAC

Ref: C0391

Fiction

Age 5 – 8

Doddle the Poodle's Big Day Out

Ref: C0422 & C0423

Fiction

Age 5 - 8


Big Head! A book about your brain and your head

Ref: C0285

Non-fiction

Age 8 - 12

Epilepsy

Zebra and the Seizure 

Ref: C0395

Fiction

Age 5 - 8

Did You Know I have Epilepsy?

Ref: C0408

Non-fiction

Age 5 - 8

Paxton Passes Out!

Ref: C0443

Fiction

Age 5 - 8

Living With Epilepsy

Non-fiction

Ref: C0159

Age 8-12

Can I Tell You About Epilepsy?

A guide for friends, family and professionals 

Non-fiction

Ref: C0174

Age 8-12

Explaining Epilepsy

Non-fiction

Ref: C0194

Age 8-12

Feelings

My Communication Flash Cards: 27 flash cards for communication on a keyring with a bungee chain and belt clip

Ref: C0418

Non-fiction

Age 3 upwards

It's Raining and I'm Okay: a calming story to help children relax when they go out and about

Ref: C0276

Fiction

Age 5 and under

What Are You Feeling? Feelings book for children

Ref: C0346

Non-fiction

Age 5 and under

When I Get Upset

Ref: C0367

Fiction

Age 5 and under

The Lonely Tree (a children's book about bereavement)

Ref: C0118

Fiction


Age 5-8

A Volcano in my Tummy 

Ref: C0157

Non-fiction

Age 5-8

The Red Beast: controlling anger in children with Asperger Syndrome 

Ref: C0245

Fiction


Age 5-8

Ellie Bean Drama Queen: how Ellie learned to keep calm and not overreact

Ref: C0184

Fiction

Age 5-8

When My Worries Get Too Big: a relaxation book for children with anxiety 

Ref: C0268 & C0303

Non-fiction

Age 5-8

My Book of Feelings

Ref: C0269

Non-fiction

Age 5-8

My Dad is Brilliant – a story about relationships with dads

Ref: C0280

Fiction

Age 5 – 8

Demon Teddy by Nicholas Allen – a story about getting along with people

Ref: C0281

Fiction

Age 5 – 8

First Snow by Kim Lewis – a story about loss and reuniting

Ref: C0282

Fiction

Age 5 – 8

The Huge Bag of Worries by Virginia Ironside

Ref: C0288

Fiction


Age 5 - 8

The Children's Book of Making Friends

Ref: C0298

Non-Fiction

Age 5 – 8

Presley the Pug: relaxation activity book 

Ref: C0315

Non-fiction

Age 5 - 8

I Can Control My Anger 

Ref: C0343

Non-fiction

Age 5 - 8

Lenny and Lily in Lockdown

Ref: C0334 & C1335

Fiction

Age 5 - 8

Lenny and Lily Return to School After Lockdown

Ref: C0336 & C0337

Fiction

Age 5 - 8

A Sky of Diamonds, a story for children about loss grief and hope

Ref: C0382

Fiction

Age 5 – 8

Liam Says Hi – learning to greet a friend

Ref: C0401

Non-fiction

Age 5 – 8

Kindness is my Superpower

Ref: C0429

Non-fiction

Age 5 – 8

Walk Tall

Ref: C0445

Fiction

Age 5 – 8

The Red Beast: Helping children on the Autism Spectrum to cope with angry feelings (New Edition)

Ref: C0454

Fiction

Age 5 - 8

Friendly Facts: a fun interactive resource to help children explore the complexities of friends and friendship

Ref: C0333

Non-fiction

Age 8–12

The Disappointment Dragon

Ref: C0211

Fiction

Age 8–12

The Panicosaurus 

Ref: C0212 & C0424

Fiction

Age 8–12

Don't Worry Be Happy – a guide to overcoming anxiety

Ref: C0348

Non-fiction

Age 8 - 12

No Worries! And activity book for young people who sometimes feel anxious or stressed

Ref: C0347

Non-fiction

Age 8 - 12

CBT Workbook for Kids – 40 plus fun exercises and activities to help children overcome anxiety and face their fears at home, at school and out in the world

Ref: C0349

Non-fiction


Age 8 - 12

The Amazing A-Z of Resilience 26 Curious Stories and Activities to Lift Yourself Up

Ref: C0387

Non-fiction

Age 8 - 12

The Monster Book of Feelings: creative activities and stories to explore emotions and mental health 

Ref: C0448

Non-fiction

Age 8 – 12

Touch and Go Joe: a teen's experience of OCD

Ref: C0372

Non-fiction

Age 12 +

The Anxiety Workbook – for supporting teens who learn differently, a framework and activities to build structural, sensory and social certainty

Ref: C0449

Non-fiction

Age 12 +

The Anxiety Depression and Anger Toolbox for Kids – 150 powerful mindfulness CBT positive psychology activities to manage emotions

Ref: C0356

Non-fiction

Age 13+

First Time Visits

The Check Up

Ref: C0120

Non-fiction

Ages 5 and under

Starting School

Ref: C0228

Fiction

Age 5 and under

Alice's Wonderful Hospital Adventure

Ref: C0431

Non-fiction

Age 5 and under

Going to the Doctor

Ref: C0432

Non-fiction

Age 5 and under

Going to the Dentist

Ref: C0433

Non-fiction

Age 5 and under

Topsy & Tim Go to the Dentist

Ref: C0036

Non-fiction

Age 5–8

Topsy & Tim Go to the Hospital

Ref: C0226

Non-fiction

Age 5–8

Topsy & Tim Start School

Ref: C0227

Non-fiction

Age 5–8

Jessica's X-Ray

Ref: C0057

Non-fiction

Age 5–8

Do I Have To Go To Hospital?

Ref: C0134

Non-fiction

Age 5–8

Sometimes by Rebecca Elliott (a story about going to hospital)

Ref: C0156

Fiction

Age 5–8

Harry Goes to the Hospital

Ref: C0175

Fiction

Age 5–8

Riley the Brave Makes it to School, a story with tips and tricks for tough transitions

Ref: C0384

Fiction

Age 5 - 8

Growing Up

Dr Xargle's Book of Earthlet Sleepovers – a story about toilet training

Ref: C0284

Fiction

Age 4 - 8

Have You Seen My Potty?

Ref: C0152

Fiction

Age 5–8

What's happening to me? Growing up for boys

Ref: C0299

Non-Fiction

Age 5 – 8



The Human Body and How it Works

Ref: C0119

Non-fiction

Age 8–12

Personal Hygiene? What's that got to do with me?

Ref: C0153

Non-fiction

Age 8–12

What's Happening to Ellie? A book about puberty for girls and young women with autism and related conditions

Ref: C0248 & C0409

Non-fiction

Age 8–12

Tom Needs To Go: a book about how to use public toilets safely for boys and young men with autism and related conditions

Ref: C0249

Non-fiction

Age 8–12

The Boys Guide to Growing Up: choices and changes during puberty

Ref: L6483

Non-fiction

Age 8–12

What's Happening to Tom? A book about puberty for boys and young men with autism and related conditions

Ref: C0363

Non-fiction

Age 8–12

The Growing Up Book for Boys: what boys on the Autism Spectrum need to know

Ref: C0365

Non-fiction

Age 8 – 12

The Growing Up Guide for Girls: what girls on the autism spectrum need to know

Ref: C0366

Non-fiction

Age 8 - 12

The Autism-Friendly Guide to Periods

Ref: C0322

Non-Fiction

Age 12 plus

Head Injury

Sam and the Green Velvet Monkey

Ref: C0009 & C0121

Fiction

Age 5–8

A Hit on The Head and Where it Led

Ref: C0029 & C0138

Fiction

Age 5–8

Amanda's Fall – a story for children about traumatic brain injury (TBI)

Ref: C0340

Fiction

Age 5 - 8

Hydrocephalus: what I wish I'd known

Ref: C0410

Non-fiction

Age 8 - 12

SEN Fiction

Susan Laughs

Ref: C0271

Fiction

Age 5 and under

Gilley the Giraffe

Ref: C0311

Fiction

Age 5 and under

Proud to be Differently Me

Ref: C0451

Fiction

Age 5 and under

The Day Ravi Smiled

Ref: C0104

Fiction

Age 5–8

The Brave Souls Club

Ref: C0161

Fiction

Age 5–8

The Five Of Us by Quentin

Blake

Ref: C0240

Fiction

Age 5–8

Avery: the story of a bird who's like other birds most of the time, but sometimes, feels a bit different

Ref: C0279 & C0398

Fiction

Age 5 – 8

Hands up for Andie

Ref: C0453

Fiction

Age 5 - 8

Lulu and the Wishing Star

Ref: C0308

Fiction

Age 8 - 12

Probably Still Nick Swansen

Ref: C0089

Fiction

Age 12 plus

SEN Non-Fiction

My Belly Has Two Buttons: explaining tube feeding to young children

Ref: C0307

Non-Fiction


Age 5 and under

The Same But Different Too

Ref: C0344

Non-fiction

Age 5 and under

It's OK to be Different – a  children's book about diversity and kindness

Ref: C0345

Non-fiction

Age 5 and under

Charlie and His Catheter

Ref: C0027 & C0154

Non-fiction

Age 5–8

Katie and Her Catheter

Ref: C0028 & C0155

Non-fiction

Age 5–8

Dyslexia – talking it through

Ref: C0099

Non-fiction

Age 5–8

Don't Call Me Special

Ref: C0129

Non-fiction

Age 5–8

Benny's New Shunt by The Association of Spina Bifida and Hydrocephalus

Ref: C0169

Non-fiction

Age 5–8

Benny Goes On Holiday by The Association of Spina Bifida and Hydrocephalus

Ref: C0170

Non-fiction


Age 5–8

Benny Goes to School by The Association of Spina Bifida and Hydrocephalus

Ref: C0171

Non-fiction

Age 5–8

It's OK to be Different 

Ref: C0238

Non-fiction

Age 5–8

I Have a Question about Death: Clear answers for all kids, including children with Autism Spectrum Disorder or other special needs

Ref: C0319

Non-Fiction

Age 5 - 8

An Ordinary Day – kids with rare genetic conditions (picture book)

Ref: C0357

Non-fiction

Age 5 - 8

Me & My AAC

Ref: C0391

Non-fiction

Age 5 - 8

Feeding Tube Safety for Kids

Ref: C0411

Non-fiction

Age 5 - 8

That Dog Has A Beard! –

exploring the consequences of
being different

Ref: C0306

Non-Fiction

Age 8 - 12


I have a Question About Cancer

– clear answers for all kids
including children with autism
spectrum disorder or other
special needs

Ref: C0444

Non-fiction

Age 8 - 12

Wired Differently: 30
neurodivergent people you
should know by Joe Wells 

Ref: C0417

Non-fiction

Age 12 plus

Sensory

That's Not My Mermaid
(Usborne touchy-feely book)

Ref: C0185

Non-fiction

Age 5 and under

That's Not My Dragon
(Usborne touchy-feely book)

Ref: C0186

Non-fiction

Age 5 and under

My Many Coloured Days by Dr
Seuss

Ref: C0221

Non-fiction

Age 5 and under

That's Not My Puppy
(Usborne touchy-feely book)

Ref: C0224

Non-fiction

Age 5 and under

Press Here – that's right press
the yellow dot and turn the
page

Ref: C0292 & C0220

Non-fiction

Age 5 and under

The Animal Boogie (CD and
song book)

Ref: C0108

Non-fiction

Age 5–8

Story Sack – We are Sailing to
Galapagos (includes story book
and story telling accessories)

TO BE USED UNDER ADULT
SUPERVISION

Ref: C0223

Fiction

Age 5–8

I'll Tell You Why I Can't Wear
Those Clothes!

Ref: C0229

Non-fiction


Age 5–8

This is Gabriel – making sense
of school – a book about
sensory processing disorder

Ref: C0241

Non-fiction

Age 5–8

The Little Book of Multi-
Sensory Stories – a book of
sensory story activities 

Ref: C0242

Non-fiction

Age 5–8

Squirmy Wormy How I Learned
to Help Myself

Ref: C0289

Fiction

Age 5 – 8

Songames for Sensory
Processing: 25 therapist-
created musical activities for
improving fine and gross motor
skills muscle strength and
rhythmicity (book and 2 CDs)

Ref: C0312

Non-Fiction

Age 5 - 8

An Itchy Ouchy Morning
Tommy's Impossible Socks

Ref: C0392

Fiction

Age 5 - 8

Sensory Smarts: a book for kids
with ADHD or
ASD struggling with
sensory integration problems

Ref: C0254

Non-fiction

Age 8-12

Can I Tell You About Auditory
Processing Disorder?

Ref: C0326

Non-fiction

Age 8 - 12

Siblings

My Brother Matthew

Ref: C0039

Non-fiction

Age 5-8

Just Because by Rebecca Elliott

Ref: C0291

Fiction

Age 5-8

My Brother is Autistic

Ref: C0332 & C0421

Fiction

Age 5-8

Our Brother Has Down
Syndrome

Ref: C0183

Non-fiction

Age 5-8

Babies Are Noisy: a book for big
brothers and sisters including
those on the autism spectrum

Ref: C0207

Non-fiction

Age 5-8

Perfect (explaining the arrival
of a disabled sibling to a young
sibling)

Ref: C0256

Fiction

Age 5-8

My Brother is Different by
The National Autistic Society

Ref: C0259

Non-fiction

Age 5-8

Emily's Sister – a story
for siblings of a child with
dyspraxia or sensory disorder

Ref: C0270

Fiction

Age 5-8

My Big Brother

Ref: C0390

Fiction

Age 5 - 8

The Abilities in Me – superstar
siblings

Ref: C0427

Non-fiction

Age 5 - 8

Evelyn's Sister

Ref: C0428

Non-fiction

Age 5 - 8

Special Brothers and Sisters

Ref: C0140

Non-fiction

Age 8-12

Everybody is Different: a book
for young people who have
brothers or sister with autism

Ref: C0217

Non-fiction

Age 8-12

I Have Needs Too! Supporting
the child whose sibling has
special needs

Ref: C0243

Non-fiction

Age 8-12

Leah's Voice

Ref: C0300

Fiction

Age 8 - 12

Autism in My Family: A Journal
for Siblings of Children with
ASD

Ref: C0317

Non-fiction

Age 8 - 12

The Sibling Slam Book – What
it's really like to have a brother
or sister with special needs

Ref: C0107

Non-fiction

Age 12 plus

I'm a Teenager Get Me Out Of Here: a survival guide for teenage siblings of young people with autism

Ref: C0135

Non-fiction

Age 12 plus

Siblings: The Autism Spectrum Through Our Eyes

Ref: C0309

Non-fiction

Age 12 plus

Signing

Sign & Singalong – Teddy Bear Teddy Bear (BSL)

Ref: C0026

Non-fiction

Age 5–8

Sign & Singalong – Twinkle Twinkle Little Star (BSL)

Ref: C0246

Non-fiction

Age 5–8

Sign & Singalong – Baa Baa Black Sheep (BSL)

Ref: C0247

Non-fiction

Age 5–8

My First Makaton Symbols and Signs – Book 1

Ref: C0163

Non-fiction

Age 5–8

My First Makaton Symbols and Signs – Book 2

Ref: C0164

Non-fiction

Age 5–8

My First Makaton Symbols and Signs – Book 3

Ref: C0165

Non-fiction

Age 5–8

My Makaton Book of Nursery Rhymes

Ref: C0177

Fiction

Age 5–8

Something Special – Mr Tumble's Hide and Slide

Ref: C0234

Fiction

Age 5–8

Makaton Symbols Alphabet

Ref: C0394

Non-fiction

Age 5 - 8

Learn to Sign With Ollie (BSL)

Ref: C0338

Non-fiction

Age 8–12

Something Specials from CBeebies – How Are You Mr Tumble?

Ref: AV6608

Fiction

U classification DVD

Something Special from CBeebies – Days Out With Friends

Ref: AV6609

Fiction

U classification DVD

Sleep

I'm Not Sleepy – helping toddlers to sleep with tips for parents and carers

Ref: C0353

Fiction

Age 5 and under

Sleep in Your Big Kid Bed

Ref: C0416

Fiction

Age 5 and under

Why Do I Have to Go to Bed?

Ref: C0430

Non-fiction

Age 5 and under

Neon the Ninja: Activity book for children who struggle with sleep and nightmares

Ref: C0314

Non-fiction

Age 5 - 8

Neon the Ninja Meets the Nightmares, a story to help kids sleep

Ref: C0383

Fiction

Age 5 - 8

Dr Seuss's Sleep Book

Ref: C0413

Fiction

Age 5 - 8

What To Do When You Dread Your Bed: a kid's guide to overcoming problems with sleep

Ref: C0236

Non-fiction

Age 8-12



Tourette Syndrome

Tic Talk: living with Tourette Syndrome a 9-year-old boy's story in his own words

Ref: C0190

Non-fiction

Age 8-12

Can I Tell You About Tourette Syndrome? A guide for friends, family and professionals

Ref: C0214

Non-fiction

Age 8-12

I Can't Make it Stop: my diary on living with Tourette Syndrome

Ref: C0414

Non-fiction

Age 8 - 12



The Tourettes Survival Kit: tools for young adults with tics

Ref: C0374

Non-fiction

Age 12+

Wheelchair Use

Susan Laughs

Ref: C0271

Fiction

Age 5 and under

Adventures in My Wheelchair

Ref: C0316

Fiction

Age 5 - 8



Ten Other Things About Me: a book featuring Daelin and his wheelchair

Ref: C0415

Non-fiction

Age 5 - 8

Evelyn's Sister

Ref: C0428

Non-fiction

Age 5 - 8

The Day Ravi Smiled

Ref: C0104

Fiction

Age 5 - 8

Children's Fiction

My Shadow

Ref: C0201

Age 5 and under

Wishkins Nanna's Noisy Night

Ref: C0263

Age 5 and under

The Lion Who Lost His Roar But
Learned to Draw

Ref: C0265

Age 5 and under

See & Say Book – board book

Ref: C0277

Age 5 and under

Can You Hop? – board book

Ref: C0278

Age 5 and under

You're a Cheeky Monkey (story
book with a monkey mask)

Ref: C0371

Fiction

Age 5 and under

Goodnight Moon by Margaret
Wise Brown

Ref: C0412

Fiction

Age 5 and under

Mouse and Elephant

Ref: C0105

Age 5–8

The Jamie and Angus Stories

Ref: C0198

Age 5–8

Jamie and Angus Together

Ref: C0199

Age 5–8

Jamie and Angus Forever

Ref: C0200

Age 5–8

Princess Fairy

Ref: C0202

Age 5–8

Night Night Cuddly Bear

Ref: C0203

Age 5–8

Dinosaur Zoom

Ref: C0204

Age 5–8

Dinosaur Dig

Ref: C0205

Age 5–8

Dinosaur Rescue!

Ref: C0250

Age 5–8

Dinosaur Rocket

Ref: C0251

Age 5–8

The Lighthouse Keeper's Cat

Ref: C0264

Age 5–8

The Tool Team

Ref: C0301

Fiction

Age 5 - 8

This Tree is Just for Me!

Ref: C0426

Fiction

Age 5 – 8

Timothy the Tortoise

And

Nanny Jane Has an Adventure

Ref: C0450

Age 5 – 8

Scooter the Surfing Dog Finds
his Forever Home

Ref: C0452

Age 5 - 8

The Crowstarver by Dick King-
Smith

Ref: C0096

Age 8–12

The Poltergoose – a Jiggy
McCue story

Ref: C0261

Age 8–12

Maggot Pie – a Jiggy McCue
story

Ref: C0262

Age 8–12

Agent Z Meets the Masked
Crusader by Mark Haddon

Ref: C0286

Age 12 plus

Children's Fiction on e-audiobook

We have a few children's books available to listen to on e-audiobook through BorrowBox – see the Library page of our website for details.

Sleepytime Lullabies by

Jonathan Langley

Read by various

Children's Fiction

[e-audiobook – unabridged](#)

Age 0+

Ladybird Sleepy Tales – Ten
Calming Stories to Help Little
Children Relax at Bedtime by
Ladybird

Read by Candida Gubbins

[e-Audiobook](#)

Age 0+

The Gruffalo by Julia

Donaldson Read by Imelda
Staunton

Children's Fiction

[e-audiobook – unabridged](#)

Age 3+

Paddington by Michael Bond

Read by Paul Vaughan

Children's Humorous Fiction

[e-audiobook – unabridged](#)

Age 3+

Back to Sleep by Zoe Foster

Blake

Read by Zoe Foster Blake

[e-Audiobook](#)

Age 3+

The Tiger Who Came to Tea by

Judith Kerr

Read by Geraldine McEwan

Children's Fiction

[e-audiobook – unabridged](#)

Age 4+

Bad Case of Stripes by David

Shannon

Read by Jane Casserly

Children's Fiction, Young Adult
Fiction

[eAudiobook – unabridged](#)

Age 5+

Tale of Peter Rabbit by Beatrix
Potter

Read by Pauline Brailsford

Children's Fiction, Young Adult
Fiction

[eAudiobook – unabridged](#)

Age 5+

Marge and the Great Train

Rescue by Isla Fisher

Read by Isla Fisher

Children's Fiction

[eAudiobook – unabridged](#)

Age 5+

The Wreck-It Race by Sir Chris
Hoy

Read by Sir Chris Hoy

Children's Fiction

[eAudiobook – unabridged](#)

Age 5+

The Worst Witch by Jill Murphy

Read by Gemma Arterton

Children's Fiction

[e-audiobook – unabridged](#)

Age 6+

A Boy Called Bat by Elana K

Arnold

Read by Patrick Lawlor

Children's Fiction, Autism

[e-audiobook – unabridged](#)

Age 6+

The Horrible Story and Others

by Margaret Mahy

Read by Richard Mitchley

Children's Fiction

[eAudiobook – unabridged](#)

Age 7+

Fantastic Beasts and Where
to Find Them by Newt
Scamander and J.K. Rowling

Read by Eddie Redmayne

Children's Fiction, Fables &
Fairytales, Fantasy Fiction,
Supernatural Fiction

[eAudiobook – unabridged](#)

Age 8+

Matilda by Roald Dahl

Read by Kate Winslet

Children's Fiction

[eAudiobook – unabridged](#)

Age 8+

The Handbook by Jim Benton

Read by Ranón de Ocampo

Children's Fiction

[eAudiobook – unabridged](#)

Age 8+

The Hey Jack Collection by

Sally Rippin

Read by Rupert Degas

Children's Fiction

[eAudiobook – unabridged](#)

Age 8+

Stig of the Dump by Clive King

Read by Tony Robinson

Children's Fiction, Fantasy
Fiction, Literary Fiction

[eAudiobook](#)

Age 8+

Percy Jackson and the Lightning Thief by Rick Riordan
Read by Jesse Bernstein
Children's Fiction, Fables & Fairytales, Fantasy Fiction
[eAudiobook – unabridged](#)
Age 8+

Clover Moon by Jacqueline Wilson
Read by Amy Enticknap
Children's Fiction
[eAudiobook – unabridged](#)
Age 8+

Rent a Bridesmaid by Jacqueline Wilson
Read by Madeleine Leslay
Children's Fiction
[eAudiobook – unabridged](#)
Age 8+

Good Night Stories for Rebel Girls by Elena Favilli
Read by Elena Favilli and others
Children's Fiction, Short Stories
[e-audiobook – unabridged](#)
Age 8+

A Series of Unfortunate Events: The Bad Beginning by Lemony Snicket
Read by Tim Curry
Children's Fiction
[e-audiobook – unabridged](#)
Age 8+

We're All Wonders by R J Palacio
Read by Kivlighan de Montebello
Children's Fiction, Disabilities
[e-audiobook – unabridged](#)
Age 8+

Holes by Louis Sachar
Read by Kerry Beyer
Children's Fiction, Adventure
[eAudiobook – unabridged](#)
Age 10+

Freak the Mighty by Rodman Philbrick
Read by Elden Henson
Children's Fiction, Young Adult Fiction
[eAudiobook – unabridged](#)
Age 10+

Who Killed Darius Drake? by Rodman Philbrick
Read by Sean Welsh Brown
Children's Fiction, Crime & Thriller
[eAudiobook – unabridged](#)
Age 10+

Private Peaceful by Michael Morpurgo
Read by full cast
Children's Historical Fiction
[e-audiobook – unabridged](#)
Age 10+

Wonder by R J Palacio
Read by Nick Podehl and others
Children's Fiction, Disabilities
[e-audiobook – unabridged](#)
Age 10+

Out of My Mind by Sharon M Draper
Read by Sisi Aisha Johnson
Children's Fiction, Cerebral Palsy
[e-audiobook – unabridged](#)
Age 10+

Varjak Paw by S F Said
Read by Andrew Sachs
Children's Fiction, Adventure
[e-audiobook – unabridged](#)
Age 13+

The Lie Tree by Frances Hardinge
Read by Emilia Fox
Young Adult Fiction, Crime and Thriller
[e-audiobook – unabridged](#)
Age 13+

His Dark Materials Book 1 Northern Lights by Philip Pullman
Read by full cast
Young Adult Fiction
[e-audiobook – unabridged](#)
Age 13+

A Monster Calls by Patrick Ness
Read by Patrick Ness and Jason Isaacs
Young Adult Fiction, Loss
[e-audiobook – unabridged](#)
Age 13+

Sitting Still Like a Frog: mindfulness exercises for kids and their parents by Eline Snel
Read by Jon Kabat-Zinn , Amanda Carlin and Myla Kabat-Zinn
Non-Fiction — Health, Lifestyle - Wellbeing
[eAudiobook – unabridged](#)
All ages

Children's e-books

We have a few e-books for children, available through BorrowBox – see the library page of our website for details.

I Have an Autism Boost by Jennifer Gilpin Yacio

Fiction – Children's Fiction

[e-book](#)

Age 0+

Matthew's Special Education Preschool

Classroom by Jenni Rose

Fiction – Children's Fiction

[e-book](#)

Age 5+

Even With Autism... I Can Be Anything by

Lisette J Hernandez

Non-Fiction – Children

[e-book](#)

Age 7+

My Brother Autism and Me by Aisha Pope and

Alicia Diane Durand

Fiction – Children's Fiction

[e-book](#)

Age 8+

Can You See Me? By Libby Scott

Fiction – Children's Fiction

[e-book](#)

Age 8+

The Autism Playbook for Teens by Irene

McHenry and Carol Moog

Non-Fiction — Health, Lifestyle, Wellbeing, Social Science

[eBook](#)

Age 10+

The ADHD Workbook for Teens by Lara Honos-Webb

Non-Fiction — Education, Health, Lifestyle – Wellbeing

[e-Book](#)

Age 10+

Staying Safe Online by Louie Stowell

Non-Fiction – Science and Technology – Internet, Current Affairs

[e-book](#)

Age 10+

Mindfulness for Teen Anger by Jason R Murphy

Non-Fiction – Lifestyle – Wellbeing

[e-bbok](#)

Age 10+

Mindfulness for Teen Anxiety by Christopher

Willard

Non-Fiction – Health, Lifestyle – Wellbeing, Psychology

[e-book](#)

Age 13+

The Resilience Workbook for Teens by Cheryl M

Bradshaw

Non-Fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

The Stress Survival Guide for Teens by Jeffrey

Bernstein

Non-Fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

Social Media and Mental Health by Claire

Edwards

Non-fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

Winning with ADHD by Grace Friedman

Non-fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

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