

# The Behaviour Checklist

## Clinician Document

### Purpose

The purpose of this checklist is to help parents/carers and healthcare professionals to quickly and systematically look through a list of things that might be causing a child with moderate-profound intellectual disability to behave in ways that are of concern. It is designed for the parent/carer of the child to complete at home and then bring to their appointment with you.

### How does the checklist help?

The items on the checklist may directly or indirectly influence behaviour but they are sometimes missed. Therefore, the checklist can help generate different approaches and ideas about how to address behaviours of concern. Once you've reviewed the completed checklist with the parent/carer, you may be able to do the following:

- Further assessment
- A referral to a different service (such as oral health services or a sleep clinic)
- Order an investigation (such as a blood test)
- A simple intervention that you might typically initiate (such as pain management)

Please note that this list is not exhaustive, and that the checklist may not necessarily generate these actions.

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# Notes for clinicians

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Have you checked for pain (e.g., dental or ear pain)?

Do you need to liaise with involved professionals?

Have you considered parental wellbeing?

Has child experienced an extremely positive or negative situation recently?

Are there any interventions that you can commence today?

Is there something that needs to be investigated further?

Does a referral need to be made?

Space for notes: