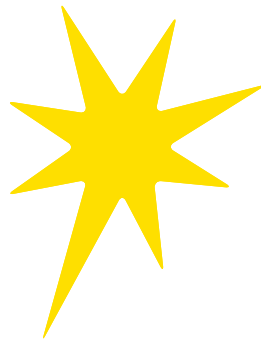




Library List

Children's books



Working wonders for children with brain conditions

Families where a child has a brain condition face challenges every day. Just to learn, play, make friends and experience the world can feel difficult, even impossible. But we don't believe there's any challenge that can't be overcome.

So we listen to families, we learn from them. We carry out research, we design and innovate, we make and share. From new equipment to new learning resources, to new ways to play and support each other, everything we find out together makes life better. It opens doors to discovering the world. It's an incredibly rewarding journey for everyone involved. Why not be a part of it? You never know what we'll discover together.

www.cerebra.org.uk

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About our children's library

As part of our library collection we have books especially for children. We have books to explain specific conditions that you can read with your child and ones for older children to read themselves. We also have fiction featuring characters with special needs. Introductory books and DVDs on signing, Books on emotions, growing up and sensory issues as well as books for siblings to explain how life is different for their brother or sister.

We have also been donated some general children's fiction, which we have also put in the library. The list of these is at the end of this catalogue.

We are sorry, but children cannot be library members themselves, parents and carers can borrow books on behalf of their child as part of their own library membership.

You can join the library by filling in the webform on the library page of our website www.cerebra.org.uk or by phoning our freephone number 0800 32 81 159 and going through to the library Option 1 then Option 2. If you are not sure which books would be best for your child please email the Librarian on janetp@cerebra.org.uk and she will be happy to make some recommendations.

Key

C = a children's book

AV = a children's DVD



= the most popular books in the library

ADHD

ADHD is Magic

Ref: C0458

Non-Fiction

Age 5 and under

A Dragon with ADHD

Ref: C0393

Fiction


Age 5 and under

Hi! It's Me! I have ADHD

Ref: C0339

Non-fiction

Age 5 - 8

ADHD is Our Superpower: the amazing talents and skills of children with ADHD 

Ref: C0497 & C0500 & C0501

Non-fiction

Age 5 - 8

Focused Ninja

Ref: C0447

Non-fiction

Age 5 - 8

ADHD Warrior Activity Book

Ref: C0473

Non-fiction

Age 5 - 8

The Abilities in Me-ADHD 

Ref: C0488

Non-Fiction

Age 5-8

Bluey-my dad is awesome

Ref: C0513

Fiction

Age 5-8

Bluey-my mum is the best

Ref: C0516

Fiction

Age 5-8

Bluey-Sleepytime

Ref: C0514

Fiction

Age 5-8

Sparky's Excellent Misadventures: my ADD journal by me Sparky

Ref: C0058

Fiction


Age 8-12

Jumpin' Johnny Get Back To Work – a child's guide to ADHD and hyperactivity

Ref: C0061

Fiction

Age 8-12

Can I Tell You About ADHD? A guide for friends, family and professionals 

Ref: C0369

Non-fiction

Age 8 - 12

Thriving with ADHD Workbook for Kids: 60 fun activities to help children self-regulate focus and succeed

Ref: C0396

Non-fiction

Age 8 - 12

The Survival Guide for Kids with ADHD 

Ref: C0397

Non-fiction

Age 8 - 12

All Dogs Have ADHD 

Ref: C0442

Non-fiction

Age 8 - 12

The Adventurous Detectives Hints of Discovery – 101 Fun Trivia Facts and Activities for smart ADHD kids

Ref: C0475

Non-fiction


Age 8-12

The Girls' Guide to ADHD

Ref: C0117

Non-fiction

Age 12 plus

The Teenage Girl's Guide to Living Well with ADHD – improve your self-esteem self-care and self knowledge 

Ref: C0441

Non-fiction

Age 12 plus

Managing ADHD at Young Age for Teens – simple techniques to effectively manage ADHD, anxiety and stress for teens

Ref: C0476

Non-fiction

Age 12 plus

ADHD Rocks

Ref: C0489

Non-fiction

Age 12 plus

Autism, Aspergers and PDA

Through the Eyes of Me

Ref: C0273 & C0274 & C0329

Non-fiction

Age 5 and under

My Awesome Autism 

Ref: C0323

Non-fiction


Age 5 and under

Through the Eyes of Us

Ref: C0330

Non-fiction

Age 5 and under

The Superhero Brain: 
explaining autism to empower
kids

Ref: C0402

Non-fiction

Age 5 and under

My Brother is Autistic: a social
story to help explain a little
about autism

Ref: C0437

Non-fiction

Age 5 and under

My Sister is Autistic: a social
story to help explain a little
about autism

Ref: C0439

Non-fiction

Age 5 and under

My Social Stories Book: how to
use social
stories for kids on
the autism spectrum 

Ref: C0075

Non-fiction

Age 5-8

Ian's Walk

Ref: C0403

Fiction

Age 5-8

My Brother is Autistic

Ref: C0421

Fiction

Age 5-8

Kevin Thinks...about outer
space, confusing expressions
and the perfectly logical world
of Asperger Syndrome

Ref: C0168

Non-fiction

Age 5-8

What Is It Like to Be Me? A
book about a boy
with Asperger Syndrome

Ref: C0219

Non-fiction

Age 5-8

Looking After Louis

Ref: C0258

Fiction

Age 5-8

My Brother is
Different by The
National Autistic Society 

Ref: C0259 & C0399

Non-fiction

Age 5-8

Andy and His
Yellow Frisbee

Ref: C0260

Fiction

Age 5-8

Autism Superheroes Comic
Strip (Bilingual in English and
Welsh)

Ref: C0267

Fiction


Age 5-8

Inside Asperger's Looking Out

Ref: C0296

Non-fiction


Age 5 - 8

It's a P(an)DA Thing – a visit to
the world of pathological 
demand avoidance

Ref: C0474

Non-fiction

Age 5 - 8

My Big Brother (a book about
autism awareness) 

Ref: C0390

Fiction

Age 5 - 8

Understand Me – an inspiring
journey of a boy with PDA

Ref: C0368

Fiction

Age 5 - 8

Having Fun with Feelings on
the Autism Spectrum: a CBT
activity book for kids aged 4 - 8

Ref: C0380

Non-fiction

Age 5 - 8

My Friend with Autism

Ref: C0400

Non-fiction

Age 5 - 8

My Sister Has Autism

Ref: C0438

Non-fiction

Age 5 - 8

Headphones – for children with autism and sensory processing disorder

Ref: C0457

Fiction

Age 5 - 8

The Abilities in Me: Autism

Ref: C0460

Non-fiction

Age 5 - 8

All About Autism – a kid's guide to understanding autism

Ref: C0481

Fiction

Age 5-8

Amazing Me Amazing You by Christine McGuinness

Ref: C0499

Non-fiction

Age 5-8

All About PDA by Kathy Hoopman

Ref: C0507

Non-fiction

Age 5-8

Different Like Me: a book of autism heroes

Ref: C0065 & C0297

Non-fiction

Age 8-12

Blue Bottle Mystery: an Asperger adventure

Ref: C0082

Fiction

Age 8-12

Of Mice and Aliens: an Asperger adventure

Ref: C0085

Fiction

Age 8-12

Can I Tell You About Asperger Syndrome? A guide for friends, family and professionals

Ref: C0093 & C0233

Non-fiction

Age 8-12

Do You Understand Me? My life, my thoughts, my Autism Spectrum Disorder

Ref: C0141 & C0419

Non-fiction

Age 8-12

A Book About What Autism Can Be Like

Ref: C0149 & C0467

Non-fiction

Age 8-12

Explaining Autism

Ref: C0193

Non-fiction

Age 8-12

Can I Tell You About Pathological Demand Avoidance Syndrome? A guide for friends, family and professionals

Ref: C0294 & C0295

Non-fiction

Age 8-12

Can I Tell You About Autism? A guide for friends, family and professionals

Ref: C0376

Non-fiction

Age 8-12

Creating Autism Champions: autism awareness training for Key Stage 1 and 2

Ref: C0275

Non-fiction

Age 8 - 12

The ASD and Me Picture Book – a visual guide to understanding challenges and strengths for children on the autism spectrum

Ref: C0386

Non-fiction

Age 8 - 12

Leah's Voice

Ref: C0300

Non-fiction

Age 8 - 12

Autism in My Family: a journal for siblings of children with ASD

Ref: C0317

Non-fiction

Age 8 - 12

He's Not Naughty! A children's guide to autism

Ref: C0321

Non-Fiction

Age 8 - 12

The Pebble Secret – the story of one little girl's discovery of her autism diagnosis

Ref: C0350

Non-fiction


Age 8 - 12

Pathological Demand Avoidance Explained

Ref: C0352

Non-fiction


Age 8 - 12

All Cats Are on the Autism Spectrum 

Ref: C0362

Non-fiction

Age 8 – 12

I'm Not Upside Down I'm Downside Up: not a boring book about PDA 

Ref: C0404

Fiction

Age 8 – 12

The Panda on PDA

Ref: C0435

Non-fiction

Age 8 – 12

The Secret Life of Rose: inside an autistic head

Ref: C0436

Non-fiction

Age 8 – 12

A Kind of Spark by Elle McNicoll 

Ref: C0456

Fiction

Age 8 - 12

Understanding PDA for kids and grown ups

Ref: C0490

Non-fiction

Age 8-12

Its Raining Cats and Dogs – an autism spectrum guide to the confusing world of idioms, metaphors and everyday expressions

Ref: C0495


Age 8-12

Autism Identity and Me – a practical workbook to empower autistic children and young people aged 10+

Ref: C0504

Non-fiction

Age 8-12

How To Be Yourself in a World That's Different: an Asperger Syndrome  guide for adolescents

Ref: C0148

Non-fiction


Age 12 plus

Haze – the story of a teenage boy with Aspergers by Kathy Hoopman

Ref: C0132

Fiction

Age 12 plus

 The Curious Incident of the Dog in the Night-time by Mark Haddon

Ref: C0182

Fiction

Age 12 plus

Siblings: the autism spectrum through our eyes

Ref: C0309

Non-Fiction

Age 12 plus

The Asperger Teen's Toolkit

Ref: C0325

Non-Fiction


Age 12 plus

Can You See Me? 

Ref: C0328

Fiction

Age 12 plus

Autism Bullying and Me: the really useful stuff you need to know about coping brilliantly with bullying 

Ref: C0373

Non-fiction

Age 12 plus

Successful Social Stories for School and College Students with Autism: growing up with social stories

Ref: C0379

Non-fiction

Age 12 plus

Developing Resilience in Young People with Autism Using Social Stories

Ref: C0381

Non-fiction

Age 12 plus

The Awesome Autistic Go-To Guide: a practical handbook for autistic teens and tweens 

Ref: C0388

Non-fiction


Age 12 plus

Dude, I'm An Aspie! Kids' Edition

Ref: C0302

Non-fiction

Age 12 plus

The Asperkids Secret Book of Social Rules: the handbook of not so obvious neurotypical social guidelines for autistic teens 

Ref: C0420 & C0440

Non-fiction

Age 12 plus

The Secrets of My Autism: an open door to my world with autism

Ref: C0455

Fiction

Age 12 plus

Queerly Autistic: the ultimate guide for LGBTQIA+ teens of the autism spectrum

Ref: C0469

Non-fiction

Age 12 plus

The Awesome Autistic Guide for Trans Teens

Ref: C0470

Non-fiction

Age 12 plus

Behaviour

Words Are Not For Hurting

Ref: C0033

Non-fiction

Age 5 and under

Kind Hands Don't Hurt

Ref: C0341

Non-fiction

Age 5 and under

Lester Learns a Lesson

Ref: C0283

Fiction

Age 5 - 8

I Can Control My Anger

Ref: C0343

Non-fiction

Age 5 - 8

But Why Can't I? – a book about rules

Ref: C0354

Fiction

Age 5 - 8

I Didn't Do It! – a book about telling the truth

Ref: C0355

Fiction

Age 5 - 8

Kindness is My Superpower

Ref: C0429

Non-fiction


Age 5 - 8

Rules and Responsibilities

Ref: C0446

Non-fiction

Age 5 - 8

Don't Behave Like You Live in a Cave 

Ref: C0151

Non-fiction

Age 8-12


Cerebral Palsy

Captain Wobbly

Ref: C0318

Fiction

Age 5 - 8

I Have Cerebral Palsy 

Ref: C0324

Non-Fiction

Age 5 - 8

Xander's Cerebral Palsy Superpowers (explains all types of Cerebral Palsy)

Ref: C0370

Non-fiction


Age 5 - 8

My Child has Cerebral Palsy

Ref: C0406

Non-fiction

Age 5 - 8

The Abilities in Me – Cerebral Palsy 

Ref: C0479

Non-fiction


Age 5-8

Explaining Cerebral Palsy

Ref: C0196

Non-fiction

Age 8-12

Can I Tell You About Cerebral Palsy? A guide for friends, family and professionals 

Ref: C0231

Non-fiction

Age 8-12

Cerebral Palsy Gal: a kid's book

Ref: C0405

Fiction

Age 8 - 12

The Amazing Edie Eckhart –
being wobbly wont stop her by
Rosie Jones

Ref: C0511

Fiction

Age 8-12

The Amazing Edie Eckhart –
the friend mission by Rosie
Jones

Ref: C0509

Fiction

Age 8-12

Moving On Up – beat the
bullies, make fearless
friendships and deal with
funny fails by Rosie Jones

Ref: C0512

Age 8-12

The Amazing Edie Eckhart –
the big trip by Rosie Jones

Ref: C0510

Fiction

Age 8-12

Down Syndrome

My Friend Fergus

Ref: C0464

Fiction

Age 5 and under

Victoria's Day

Ref: C0136

Non-fiction

Age 5-8

Mom Do I Have Special Knees?
Celebrating our special needs
child with Down Syndrome

Ref: C0189

Non-fiction

Age 5-8

The Abilities in Me: Down  Syndrome

Ref: C0462

Non-fiction

Age 5-8

Zee Zee Does it Anyway

Ref: C0482

Non-fiction

Age 5-8

Down Syndrome is my
Superpower

Ref: C0491

Fiction

Age 5-8

Dyspraxia

My Friend Josh has Dyspraxia

Ref: C0407

Non-fiction

Age 5-8

All About Dyspraxia – 
understanding Developmental
Co-ordination Disorder

Ref: C0496

Non-fiction

Age 5-8

The Adventures of Wobbly
Wallie – a story of living with
Dyspraxia

Ref: C0509

Fiction

Age 5-8

Can I Tell You About
Dyspraxia? A guide for friends,
family and professionals

Ref: C0215

Non-fiction

Age 8-12

When I Feel Red – a powerful
story of dyspraxia identity and
finding your place in the world

Ref: C0498

Fiction

Age 8-12

Educational books

Ceri & Deri No Time for Clocks

Ref: C0331

Fiction

Age 5 and under

Numbers Songs and Rhymes
– songbook and CD in English
and Welsh

Ref: C0358

Non-fiction

Age 5 and under

Stories Songs and Rhymes –
songbook and CD in English
and Welsh

Ref: C0359

Non-fiction

Age 5 and under

Food Fun and Active Play for
Tiny Tots – activity cards in
English and Welsh

Ref: C0360

Non-fiction

Age 5 and under

People – an interactive lift the
flap book

Ref: C0425

Non-fiction

Age 5 and under

Coronavirus and Covid: a
book for children about the
pandemic – illustrated by Axel
Scheffler

Ref: C0364

Non-fiction

Age 5 – 8

Me & My AAC

Ref: C0391

Fiction

Age 5 – 8

Doddle the Poodle's Big Day
Out

Ref: C0422 & C0423

Fiction

Age 5 - 8

GCSE Maths for Neurodivergent
Learners

Ref: C0466

Non-fiction

Age 13 plus

Epilepsy

Zebra and the Seizure 

Ref: C0395

Fiction

Age 5 - 8

Did You Know I have Epilepsy?

Ref: C0408

Non-fiction

Age 5 – 8

Paxton Passes Out!

Ref: C0443

Fiction

Age 5 - 8

Lucky's First EEG

Ref: C478

Fiction

Age 5-8

The Abilities in Me – Epilepsy 

Ref: C0487

Non-fiction

Age 5-8

Can I Tell You About Epilepsy?

A guide for friends, family and
professionals 

Non-fiction

Ref: C0174

Age 8-12

Jayben and the Golden Torch

Ref: C0492

Fiction

Age 8-12

Jayben and the Star Gloss

Ref: C0493

Fiction

Age 8-12

Feelings

My Communication Flash Cards: 27 flash cards for communication on a keyring with a bungee chain and belt clip

Ref: C0418

Non-fiction

Age 3 upwards

It's Raining and I'm Okay: a calming story to help children relax when they go out and about

Ref: C0276

Fiction

Age 5 and under

What Are You Feeling? Feelings book for children

Ref: C0346

Non-fiction

Age 5 and under

When I Get Upset

Ref: C0367

Fiction

Age 5 and under

The Lonely Tree (a children's book about bereavement)

Ref: C0118

Fiction

Age 5-8

A Volcano in my Tummy 

Ref: C0157 & C0508

Non-fiction


Age 5-8

Ellie Bean Drama Queen: how Ellie learned to keep calm and not overreact

Ref: C0184

Fiction

Age 5-8

When My Worries Get Too Big: a relaxation book for children with anxiety 

Ref: C0268 & C0303

Non-fiction

Age 5-8

My Book of Feelings

Ref: C0269

Non-fiction

Age 5-8

Demon Teddy by Nicholas Allen – a story about getting along with people

Ref: C0281

Fiction

Age 5 - 8

The Huge Bag of Worries by Virginia Ironside

Ref: C0288

Fiction


Age 5 - 8

The Children's Book of Making Friends

Ref: C0298

Non-Fiction

Age 5 - 8

Presley the Pug: relaxation activity book 

Ref: C0315

Non-fiction

Age 5 - 8

I Can Control My Anger 

Ref: C0343

Non-fiction

Age 5 - 8

Lenny and Lily in Lockdown

Ref: C0334 & C1335

Fiction

Age 5 - 8

Lenny and Lily Return to School After Lockdown

Ref: C0336 & C0337

Fiction

Age 5 - 8

A Sky of Diamonds, a story for children about loss grief and hope

Ref: C0382

Fiction

Age 5 - 8

Liam Says Hi – learning to greet a friend

Ref: C0401

Non-fiction

Age 5 - 8

Kindness is my Superpower

Ref: C0429

Non-fiction


Age 5 - 8

Walk Tall

Ref: C0445

Fiction

Age 5 - 8

The Red Beast: Helping children on the Autism Spectrum to cope with angry feelings (New Edition) 

Ref: C0454


Fiction

Age 5 - 8

The Red Beast – anger workbook for all children who want to tame their red beast including those on the autism spectrum
Ref: C0472
Non-fiction
Age 5 - 8

Friendly Facts: a fun interactive resource to help children explore the complexities of friends and friendship
Ref: C0333
Non-fiction
Age 8-12

The Disappointment Dragon
Ref: C0211
Fiction
Age 8-12


The Panicosaurus 
Ref: C0212 & C0424
Fiction
Age 8-12

Don't Worry Be Happy – a guide to overcoming anxiety
Ref: C0348
Non-fiction
Age 8 - 12

No Worries! And activity book for young people who sometimes feel anxious or stressed
Ref: C0347
Non-fiction
Age 8 - 12

CBT Workbook for Kids – 40 plus fun exercises and activities to help children overcome anxiety and face their fears at home, at school and out in the world
Ref: C0349
Non-fiction
Age 8 - 12

The Amazing A-Z of Resilience 26 Curious Stories and Activities to Lift Yourself Up
Ref: C0387
Non-fiction
Age 8 - 12

The Monster Book of Feelings: creative activities and stories to explore emotions and mental health 
Ref: C0448
Non-fiction
Age 8 – 12

Moving On Up – beat the bullies, make fearless friendships and deal with funny fails by Rosie Jones
Ref: C0512
Non-fiction
Age 8-12

Wind-Down Activities by Usborne
Ref: C0512
Non-fiction
Age 8-12

Touch and Go Joe: a teen's experience of OCD
Ref: C0372
Non-fiction
Age 12 +

The Anxiety Workbook – for supporting teens who learn differently, a framework and activities to build structural, sensory and social certainty
Ref: C0449
Non-fiction
Age 12 +

The Anxiety Depression and Anger Toolbox for Kids – 150 powerful mindfulness CBT positive psychology activities to manage emotions
Ref: C0356
Non-fiction
Age 12 +

First Time Visits

The Check Up
Ref: C0120
Non-fiction
Ages 5 and under

Starting School
Ref: C0228
Fiction
Age 5 and under

Alice's Wonderful Hospital Adventure
Ref: C0431
Non-fiction
Age 5 and under

Going to the Doctor

Ref: C0432

Non-fiction

Age 5 and under

Going to the Dentist

Ref: C0433

Non-fiction

Age 5 and under

Topsy & Tim Go to the Hospital

Ref: C0226

Non-fiction

Age 5-8

Topsy & Tim Start School

Ref: C0227

Non-fiction

Age 5-8

Riley the Brave Makes it to School, a story with tips and tricks for tough transitions

Ref: C0384

Fiction

Age 5 - 8

Lucky's First EEG

Ref: C478

Fiction

Age 5-8

Going to the Dentist – Usborne First Experiences

Ref: C0502

Non-fiction

Age 5-8

Growing Up

Dr Xargle's Book of Earthlet Sleepovers – a story about toilet training

Ref: C0284

Fiction


Age 4 - 8

Have You Seen My Potty?

Ref: C0152

Fiction

Age 5-8

What's happening to me? Growing up for boys 

Ref: C0299

Non-Fiction

Age 5 - 8

The Human Body and How it Works

Ref: C0119

Non-fiction


Age 8-12

Personal Hygiene? What's that got to do with me?

Ref: C0153

Non-fiction

Age 8-12

What's Happening to Ellie? A book about puberty for girls and young women with autism and related conditions 

Ref: C0248 & C0409

Non-fiction


Age 8-12

Tom Needs To Go: a book about how to use public toilets safely for boys and young men with autism and related conditions

Ref: C0249

Non-fiction


Age 8-12

The Boys Guide to Growing Up: choices and changes during puberty 

Ref: L6483

Non-fiction


Age 8-12

What's Happening to Tom? A book about puberty for boys and young men with autism and related conditions 

Ref: C0363

Non-fiction


Age 8 - 12

The Growing Up Book for Boys: what boys on the Autism Spectrum need to know 

Ref: C0365

Non-fiction

Age 8 - 12

The Growing Up Guide for Girls: what girls on the autism spectrum need to know 

Ref: C0366

Non-fiction

Age 8 - 12

The Autism-Friendly Guide to Periods

Ref: C0322

Non-Fiction

Age 12 plus

SEN Fiction

Susan Laughs 
Ref: C0271
Fiction
Age 5 and under

Gilley the Giraffe
Ref: C0311
Fiction
Age 5 and under

Proud to be Differently Me
Ref: C0451
Fiction
Age 5 and under

The Five Of Us by Quentin
Blake
Ref: C0240
Fiction
Age 5–8

Avery: the story of a bird who's
like other birds most of the
time, but sometimes, feels a bit
different
Ref: C0279 & C0398
Fiction
Age 5 – 8

Hands up for Andie
Ref: C0453
Fiction
Age 5 - 8

The Woodland Friends
Adventures Through the
Seasons
Ref: C0505
Fiction
Age 5-8

A Kind of Spark by Elle McNicoll 
Ref: C0456
Fiction
Age 8 - 12

The Secrets of My Autism: an
open door to my world with
autism
Ref: C0455
Fiction
Age 12 plus

SEN Non-Fiction


My Belly Has Two Buttons:
explaining tube feeding to
young children
Ref: C0307
Non-Fiction
Age 5 and under

The Same But Different Too
Ref: C0344
Non-fiction
Age 5 and under

This is Me by George Webster
from Cbeebies
Ref: C0465
Non-fiction
Age 5 and under

A Day with No Words (for
children who are non-verbal)
Ref: C0468
Non-fiction
Age 5 and under

Don't Call Me Special
Ref: C0129
Non-fiction
Age 5–8

It's OK to be Different 
Ref: C0238
Non-fiction
Age 5–8

I Have a Question about Death:
Clear answers for all kids,
including children with Autism
Spectrum Disorder or other
special needs
Ref: C0319
Non-Fiction
Age 5 - 8

An Ordinary Day – kids with
rare genetic conditions (picture
book)
Ref: C0357
Non-fiction
Age 5 - 8

Me & My AAC
Ref: C0391
Non-fiction
Age 5 - 8

Feeding Tube Safety for Kids

Ref: C0411

Non-fiction

Age 5 – 8

The Abilities in Me:

Hydrocephalus

Ref: C0461

Non-fiction

Age 5 - 8

This is Me – kids with special needs and disabilities

Ref: C0484

Non-fiction

Age 5-8

My Brain is a Racecar – a children's guide to a neurodivergent brain

Ref: C0486

Non-fiction

Age 5-8

I've Got You – for children trying to figure out where they fit in the world and the grown ups trying to support them

Ref: C0506

Non-fiction

Age 5-8

That Dog Has A Beard! – exploring the consequences of being different

Ref: C0306

Non-Fiction

Age 8 - 12

I have a Question About Cancer – clear answers for all kids including children with autism spectrum disorder or other special needs

Ref: C0444

Non-fiction

Age 8 - 12

Hydrocephalus: what I wish I'd known

Ref: C0410

Non-fiction


Age 8 - 12

Neurodiversity! What's That? – an introduction to neurodiversity for kids

Ref: C0480

Non-fiction


Age 8-12

Wonderfully Wired Brains – an introduction to the world of neurodiversity 

Ref: C0498

Non-fiction


Age 8-12

Square Me Round World – stories of growing up in a world not built for you 

Ref: C0503

Non-fiction


Age 8-12

Wired Differently: 30 neurodivergent people you should know by Joe Wells 

Ref: C0471

Non-fiction

Age 12 plus

Wonderfully Wired: 100 inspiring stories of neurodivergent people who changed the world 

Ref: C0515

Age 13 plus

Sensory

That's Not My Mermaid (Usborne touchy-feely book)

Ref: C0185

Non-fiction

Age 5 and under

That's Not My Dragon (Usborne touchy-feely book)

Ref: C0186

Non-fiction

Age 5 and under

That's Not My Puppy (Usborne touchy-feely book)

Ref: C0224

Non-fiction

Age 5 and under

My Many Coloured Days by Dr Seuss

Ref: C0221

Non-fiction

Age 5 and under

Press Here – that's right press the yellow dot and turn the page

Ref: C0292 & C0220

Non-fiction

Age 5 and under

The Animal Boogie (CD and song book)

Ref: C0108

Non-fiction

Age 5–8

Story Sack – We are Sailing to Galapagos (includes story book and story telling accessories)
TO BE USED UNDER ADULT SUPERVISION
Ref: C0223
Fiction
Age 5–8

I'll Tell You Why I Can't Wear Those Clothes!
Ref: C0229
Non-fiction
Age 5–8

This is Gabriel – making sense of school – a book about sensory processing disorder
Ref: C0241
Non-fiction
Age 5–8

Squirmy Wormy How I Learned to Help Myself
Ref: C0289
Fiction
Age 5 – 8

Songames for Sensory Processing: 25 therapist-created musical activities for improving fine and gross motor skills muscle strength and rhythmicity (book and 2 CDs)
Ref: C0312
Non-Fiction
Age 5 - 8

An Itchy Ouchy Morning Tommy's Impossible Socks
Ref: C0392
Fiction
Age 5 - 8


Headphones – for children with autism and sensory processing disorder
Ref: C0457
Fiction
Age 5 – 8

Brody the Lion Needs a Haircut
Ref: C0459
Fiction
Age 5 – 8

The Abilities in Me: Sensory Processing Disorder
Ref: C0463
Non-fiction
Age 5 - 8

I'm Not Difficult, You Just Don't Understand Me – life with sensory processing disorder
Ref: C0477
Non-fiction
Age 5-8

When Things Get Too Loud – a story about sensory overload
Ref: C0383
Non-fiction
Age 5-8

Sensory Smarts: a book for kids with ADHD or ASD struggling with sensory integration problems 
Ref: C0254
Non-fiction
Age 8–12

Can I Tell You About Auditory Processing Disorder?
Ref: C0326
Non-Fiction
Age 8 - 12


Siblings

Just Because by Rebecca Elliott
Ref: C0291
Fiction
Age 5–8

My Brother is Autistic
Ref: C0421
Fiction
Age 5–8

Babies Are Noisy; a book for big brothers and sisters including those on the autism spectrum
Ref: C0207
Non-fiction
Age 5–8

Perfect (explaining the arrival of a disabled sibling to a young sibling)
Ref: C0256
Fiction
Age 5–8

My Brother is Different by
The National Autistic Society 
Ref: C0259 & C0399
Non-fiction
Age 5–8


Emily's Sister – a story
for siblings of a child with
dyspraxia or sensory disorder
Ref: C0270
Fiction
Age 5–8

My Big Brother
Ref: C0390
Fiction
Age 5 - 8

The Abilities in Me – superstar
siblings 
Ref: C0427
Non-fiction
Age 5 – 8

Evely's Sister
Ref: C0428
Non-fiction
Age 5 - 8

Special Brothers and Sisters
Ref: C0140
Non-fiction
Age 8–12

Everybody is Different: a book
for young people who have 
brothers or sister with autism
Ref: C0217
Non-fiction
Age 8–12

I Have Needs Too! Supporting
the child whose sibling has
special needs
Ref: C0243
Non-fiction
Age 8–12

Leah's Voice
Ref: C0300
Fiction
Age 8 – 12

Autism in My Family: A Journal
for Siblings of Children with
ASD
Ref: C0317
Non-Fiction
Age 8 - 12

I'm a Teenager Get Me Out Of
Here: a survival guide for
teenage siblings 
of young people with autism
Ref: C0135
Non-fiction
Age 12 plus


Siblings: The Autism Spectrum
Through Our Eyes
Ref: C0309
Non-Fiction
Age 12 plus


Signing

Sign & Singalong – Twinkle
Twinkle Little Star (BSL)
Ref: C0246
Non-fiction
Age 5–8

Sign & Singalong – Baa Baa
Black Sheep (BSL)
Ref: C0247
Non-fiction
Age 5–8

My First Makaton Symbols and
Signs – Book 1 
Ref: C0163
Non-fiction
Age 5–8

My First Makaton Symbols and
Signs – Book 2 
Ref: C0164
Non-fiction
Age 5–8

My First Makaton Symbols and
Signs – Book 3 
Ref: C0165
Non-fiction
Age 5–8

My Makaton Book of Nursery
Rhymes
Ref: C0177
Fiction
Age 5–8

Something Special – Mr
Tumble's Hide and Slide
Ref: C0234
Fiction
Age 5–8

Learn to Sign With Ollie (BSL)
Ref: C0338
Non-fiction
Age 8–12

Something Specials from
CBeebies – How Are You Mr
Tumble?
Ref: AV6608
Fiction
U classification DVD


Something Special from
CBeebies – Days Out With
Friends

Ref: AV6609

Fiction

U classification DVD

Sleep

I'm Not Sleepy – helping  toddlers to sleep with tips
for parents and carers

Ref: C0353

Fiction

Age 5 and under

Sleep in Your Big Kid Bed

Ref: C0416

Fiction

Age 5 and under

Why Do I Have to Go to Bed? 

Ref: C0430

Non-fiction

Age 5 and under

Neon the Ninja Meets the
Nightmares, a story to help kids
sleep

Ref: C0383

Fiction

Age 5 - 8

Dr Seuss's Sleep Book

Ref: C0413

Fiction


Age 5 - 8

Bluey – Sleepytime

Ref: C0514

Fiction

Age 5-8

What To Do When You Dread
Your Bed: a kid's guide to
overcoming problems with  sleep

Ref: C0236

Non-fiction

Age 8-12

Tourette Syndrome

Tic Talk: living with Tourette
Syndrome a 9-year-old boy's
story in his own words

Ref: C0190

Non-fiction

Age 8-12

I Can't Make it Stop: my diary
on living with Tourette  Syndrome

Ref: C0414

Non-fiction

Age 8 - 12

Can I Tell You About Tourette
Syndrome? A guide for friends,
family and professionals

Ref: C0214

Non-fiction

Age 8-12

The Tourettes Survival Kit: tools
for young adults with tics

Ref: C0374

Non-fiction

Age 12 +

Wheelchair Use

Susan Laughs

Ref: C0271

Fiction

Age 5 and under

Adventures in My Wheelchair



Non-fiction

Age 5 – 8

Ref: C0316

Fiction

Age 5 - 8

Ten Other Things About Me: a book featuring Daelin and his wheelchair

Ref: C0415

Non-fiction

Age 5 – 8

Evely's Sister

Ref: C0428

Non-fiction

Age 5 - 8

Children's Stories

My Shadow

Ref: C0201

Age 5 and under

Dinosaur Dig

Ref: C0205

Age 5–8

The Lion Who Lost His Roar But Learned to Draw

Ref: C0265

Age 5 and under

Dinosaur Rocket

Ref: C0251

Age 5–8

See & Say Book – board book

Ref: C0277

Age 5 and under

The Lighthouse Keeper's Cat

Ref: C0264

Age 5–8

You're a Cheeky Monkey (story book with a monkey mask)

Ref: C0371

Fiction

Age 5 and under

Timothy the Tortoise and Nanny Jane Has an Adventure

Ref: C0450

Age 5 – 8

Goodnight Moon by Margaret Wise Brown

Ref: C0412

Fiction

Age 5 and under

Scooter the Surfing Dog Finds his Forever Home

Ref: C0452

Age 5 - 8

Night Night Cuddly Bear

Ref: C0203

Age 5–8

The Poltergoose – a Jiggy McCue story

Ref: C0261

Age 8–12

Dinosaur Zoom

Ref: C0204

Age 5–8

Maggot Pie – a Jiggy McCue story

Ref: C0262

Age 8–12

Children's e-audiobooks

We have a few children's books available to listen to on e-audiobook through BorrowBox – see the Library page of our website for details.

Sleepytime Lullabies by Jonathan Langley

Read by various

Children's Fiction

[e-audiobook – unabridged](#)

Age 0+

Ladybird Sleepy Tales – Ten Calming Stories to Help Little Children Relax at Bedtime by Ladybird

Read by Candida Gubbins

[e-Audiobook](#)

Age 0+

Paddington by Michael Bond

Read by Paul Vaughan

Children's Humorous Fiction

[e-audiobook – unabridged](#)

Age 3+

Back to Sleep by Zoe Foster

Blake

Read by Zoe Foster Blake

[e-Audiobook](#)

Age 3+

Dragons Love Tacos by Adam Rubin

Read by Adam Rubin

Children's Fiction, Fables and Fairytales – Humorous

[e-audiobook – unabridged](#)

Age 3+

Room on the Broom by Julia Donaldson

Read by Josie Lawrence

Children's Fiction – Adventure

[e-audiobook – unabridged](#)

Age 3+

The Snowy Day by Ezra Jack Keats

Read by Jane Harvey

Children's Fiction

[e-audiobook – unabridged](#)

Age 3+

The Very Hungry Caterpillar by Eric Carle

Read by Roger McGough and Juliet Stevenson

Children's Fiction - Classics

[e-audiobook – unabridged](#)

Age 3+

The Tiger Who Came to Tea by Judith Kerr

Read by Geraldine McEwan

Children's Fiction

[e-audiobook – unabridged](#)

Age 4+

Ladybird Presents Mindfulness for Kids by Ladybird Books

Read by Sheridan Smith

Children's Non-fiction, Lifestyle - Wellbeing

[e-audiobook – unabridged](#)

Age 4+

Goodnight Moon by Margaret Wise Brown

Read by Hoda Kotb

Children's Fiction, Bedtime Story

[e-audio-book – unabridged](#)

Age 4+

The Invisible String by Patrice Karst

Read by Patrice Karst

Children's Fiction – Romance – Family Connection

[e-audiobook – unabridged](#)

Age 4+

Bad Case of Stripes by David Shannon

Read by Jane Casserly

Children's Fiction, Young Adult Fiction

[eAudiobook – unabridged](#)

Age 5+

Tale of Peter Rabbit by Beatrix Potter

Read by Pauline Brailsford

Children's Fiction, Young Adult Fiction

[eAudiobook – unabridged](#)

Age 5+

Marge and the Great Train Rescue by Isla Fisher

Read by Isla Fisher

Children's Fiction

[eAudiobook – unabridged](#)

Age 5+

Flying Fergus: The Wreck-It Race by Sir Chris Hoy

Read by Sir Chris Hoy

Children's Fiction

[eAudiobook – unabridged](#)

Age 5+

The Worries Jaz and the New Baby by Jion Sheibani
Read by Cassey Layton
Children's Fiction - Comedy
e-audiobook – unabridged
Age 5+

The Worst Witch by Jill Murphy
Read by Gemma Arterton
Children's Fiction
e-audiobook – unabridged
Age 6+

A Boy Called Bat by Elana K Arnold
Read by Patrick Lawlor
Children's Fiction, Autism
e-audiobook – unabridged
Age 6+

Mindfulness for Kids by Carole P Roman
Read by Tiffany Morgan
Children's Non-fiction, Lifestyle – Wellbeing
e-audiobook – unabridged
Age 6+

The Horrible Story and Others by Margaret Mahy
Read by Richard Mitchley
Children's Fiction
eAudiobook — unabridged
Age 7+

Kitchen Disco, Bathroom Boogie and Veg Patch Party by Clare Foges
Read by Saffron Coomber; Ed Currie and James Knight
Children's Fiction – Comedy
e-audiobook (3 in 1) – unabridged
Age 7+

Charlie and the Chocolate Factory by Roald Dahl
Read by Douglas Hodge
Children's Fiction – Fantasy
e-audiobook – unabridged
Age 7+

James and the Giant Peach by Roald Dahl
Read by James Acaster
Children's Fiction – Fantasy
e-audiobook – unabridged
Age 7+

Matilda by Roald Dahl
Read by Kate Winslet
Children's Fiction
eAudiobook – unabridged
Age 8+

The Handbook by Jim Benton
Read by Ranón de Ocampo
Children's Fiction
eAudiobook – unabridged
Age 8+

The Hey Jack Collection by Sally Rippin
Read by Rupert Degas
Children's Fiction
eAudiobook – unabridged
Age 8+

Stig of the Dump by Clive King
Read by Tony Robinson
Children's Fiction, Fantasy Fiction, Literary Fiction
eAudiobook
Age 8+

Percy Jackson and the Lightning Thief by Rick Riordan
Read by Jesse Bernstein
Children's Fiction, Fables & Fairytales, Fantasy Fiction
eAudiobook – unabridged
Age 8+

Clover Moon by Jacqueline Wilson
Read by Amy Enticknap
Children's Fiction
eAudiobook – unabridged
Age 8+

Rent a Bridesmaid by Jacqueline Wilson
Read by Madeleine Leslay
Children's Fiction
eAudiobook – unabridged
Age 8+

Good Night Stories for Rebel Girls by Elena Favilli
Read by Elena Favilli and others
Children's Fiction, Short Stories
e-audiobook – unabridged
Age 8+

A Series of Unfortunate Events: The Bad Beginning by Lemony Snicket
Read by Tim Curry
Children's Fiction
e-audiobook – unabridged
Age 8+

We're All Wonders by R J Palacio
Read by Kivlighan de Montebello
Children's Fiction, Disabilities
e-audiobook – unabridged
Age 8+

A Kind of Spark by Elle McNicoll
Read by Emma Tracey
Children's Fiction - Autism
e-audiobook – unabridged
Age 8+

Holes by Louis Sachar
Read by Kerry Beyer
Children's Fiction, Adventure
[eAudiobook – unabridged](#)
Age 10+

Freak the Mighty by Rodman Philbrick
Read by Elden Henson
Children's Fiction, Young Adult Fiction
[eAudiobook – unabridged](#)
Age 10+

Who Killed Darius Drake? by Rodman Philbrick
Read by Sean Welsh Brown
Children's Fiction, Crime & Thriller
[eAudiobook – unabridged](#)
Age 10+

Private Peaceful by Michael Morpurgo
Read by full cast
Children's Historical Fiction
[e-audiobook – unabridged](#)
Age 10+

Wonder by R J Palacio
Read by Nick Podehl and others
Children's Fiction, Disabilities
[e-audiobook – unabridged](#)
Age 10+

Varjak Paw by S F Said
Read by Andrew Sachs
Children's Fiction, Adventure
[e-audiobook – unabridged](#)
Age 13+

The Lie Tree by Frances Hardinge
Read by Emilia Fox
Young Adult Fiction, Crime and Thriller
[e-audiobook – unabridged](#)
Age 13+

His Dark Materials Book 1 Northern Lights by Philip Pullman
Read by full cast
Young Adult Fiction
[e-audiobook – unabridged](#)
Age 13+

A Monster Calls by Patrick Ness
Read by Patrick Ness and Jason Isaacs
Young Adult Fiction, Loss
[e-audiobook – unabridged](#)
Age 13+

Anxiety Relief for Teens: essential CBT Skills and Mindfulness Practices to Overcome Anxiety and Stress by Regine Galanti
Listening Library
Children's Non-fiction, Lifestyle - Wellbeing
[e-audiobook – unabridged](#)
Age 13+

Sitting Still Like a Frog: mindfulness exercises for kids and their parents by Eline Snel
Read by Jon Kabat-Zinn, Amanda Carlin and Myla Kabat-Zinn
Non-Fiction — Health, Lifestyle - Wellbeing
[eAudiobook – unabridged](#)
All ages

Children's e-books

We have a few e-books for children, available through BorrowBox – see the library page of our website for details.

I Have an Autism Boost by Jennifer Gilpin Yacio
Fiction – Children's Fiction
[e-book](#)
Age 0+

Short Princess Bedtime Stories for Kids Aged 3-5 by Sleepytime Adventures
Fiction – Children's Fiction
[e-book](#)
Age 3+

Short Sports Adventures Bedtime Stories for Kids Aged 3-5 by Sleepytime Adventures
Fiction – Children's Fiction
[e-book](#)
Age 3+

Epilepsy Book for Kids by Layla M Reid
Fiction – Children's Fiction
[e-book](#)
Age 4+

Understanding Autism with Rupert the Snail by Willow Forster-Thorpe
Fiction – Children's Fiction
[e-book](#)
Age 4+

Matthew's Special Education Preschool Classroom by Jenni Rose

Fiction – Children's Fiction

[e-book](#)

Age 5+

Kimberley has ADHD by Tracilyn George

Fiction – Children's Fiction

[e-book](#)

Age 5+

Autism Describes Me Alphabet by Ezra Monte Harper

Fiction – Children's Fiction

[e-book](#)

Age 5+

A Kids Book About Neuro-diversity by Laura Petix

Non-fiction - Lifestyle – Wellbeing

[e-book](#)

Age 5+

A Kid's Book About Coping Skills by Megan Knipe

Non-fiction - Health & Fitness

[e-book](#)

Age 5+

My Friend with Autism by Beverly Bishop

Fiction - Children's Fiction

[e-book](#)

Age 6+

Welcome to the Enchanted Forest of Special Needs by Frankie Banuelos

Fiction - Children's Fiction

[e-book](#)

Age 6+

Exploring Autism from Awareness to Autism by Amira Shahin

Education

[e-book](#)

Age 6+

My Brother Has Autism – understanding autism through the eyes of a sibling by Bernadette Swindells

Non-fiction - Lifestyle – Wellbeing

[e-book](#)

Age 6+

Even With Autism... I Can Be Anything by Lissette J Hernandez

Non-Fiction – Children

[e-book](#)

Age 7+

Feelings Are Just Feelings by Andrea Kate McKenzie

Fiction – Children's Fiction

[e-book](#)

Age 7+

The ABC's of Autism by Barriana Woods

Non-fiction - Lifestyle – Wellbeing

[e-book](#)

Age 7+

I Have Epilepsy by Keyonia Cox

Education

[e-book](#)

Age 7+

I Think Differently – My Family's Journey with Autism by Kylen Barron

Non-fiction - Lifestyle – Wellbeing

[e-book](#)

Age 7+

My Brother Autism and Me by Aisha Pope and Alicia Diane Durand

Fiction – Children's Fiction

[e-book](#)

Age 8+

Can You See Me? By Libby Scott

Fiction – Children's Fiction

[e-book](#)

Age 8+

Amazing Abe Has Autism! by Rooman F Ahad

Fiction – Children’s Fiction

[e-book](#)

Age 8+

Know Me for my Ability Not my Disability – Jack and George’s Story of Inclusion by Kevin Valido

Fiction – Children’s Fiction

[e-book](#)

Age 8+

A Girl’s Guide to Puberty and Periods by Christine Hagstrom

Non-Fiction – Lifestyle - Wellbeing

[e-book](#)

Age 8+

Boys Puberty and Growing Up by Eliora

Non-fiction - Lifestyle – Wellbeing

[e-book](#)

Age 8+

Christopher and Cerebral Palsy by Collin James Pallissery

Fiction – Children’s Fiction

[e-book](#)

Age 8+

My Life Beyond Autism by Hey Gee

Fiction – Children’s Fiction

[e-book](#)

Age 8+

Rebel Girls Celebrate Neurodiversity by Rebel Girls

Non-fiction - Lifestyle – Wellbeing

[e-book](#)

Age 8+

The Autism Playbook for Teens by Irene McHenry and Carol Moog

Non-Fiction — Health, Lifestyle, Wellbeing, Social Science

[eBook](#)

Age 10+

Staying Safe Online by Louie Stowell

Non-Fiction – Science and Technology – Internet, Current Affairs

[e-book](#)

Age 10+

Mindfulness for Teen Anger by Jason R Murphy

Non-Fiction – Lifestyle – Wellbeing

[e-bbok](#)

Age 10+

Big Feelings and What They Tell Us by Rebekah Ballagh

Non-fiction – Childrens

[e-book](#)

Age 10+

The Goldfish Boy Book 1 by Lisa Thompson

Fiction – Children’s Fiction

[e-book](#)

Age 10+

Mindfulness for Teen Anxiety by Christopher Willard

Non-Fiction – Health, Lifestyle – Wellbeing, Psychology

[e-book](#)

Age 13+

The Stress Survival Guide for Teens by Jeffrey Bernstein

Non-Fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

Social Media and Mental Health by Claire Edwards

Non-fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

Winning with ADHD by Grace Friedman

Non-fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

Social Anxiety Survival Guide for Teen Girls with
Autism by Klish Kinderman

Non-fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

The ADHD Workbook for Teen Girls by Catherine
Mutti-Driscoll

Non-fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

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