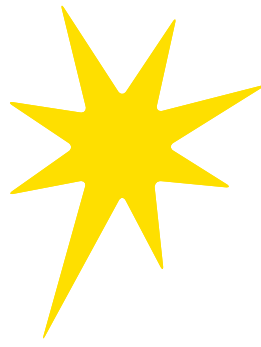




# Library List

Children's books



# Working wonders for children with brain conditions

Families where a child has a brain condition face challenges every day. Just to learn, play, make friends and experience the world can feel difficult, even impossible. But we don't believe there's any challenge that can't be overcome.

So we listen to families, we learn from them. We carry out research, we design and innovate, we make and share. From new equipment to new learning resources, to new ways to play and support each other, everything we find out together makes life better. It opens doors to discovering the world. It's an incredibly rewarding journey for everyone involved. Why not be a part of it? You never know what we'll discover together.

[www.cerebra.org.uk](http://www.cerebra.org.uk)

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# About our children's library

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As part of our library collection we have books especially for children. We have books to explain specific conditions that you can read with your child and ones for older children to read themselves. We also have fiction featuring characters with special needs. Introductory books and DVDs on signing, Books on emotions, growing up and sensory issues as well as books for siblings to explain how life is different for their brother or sister.

We have also been donated some general children's fiction, which we have also put in the library. The list of these is at the end of this catalogue.

We are sorry, but children cannot be library members themselves, parents and carers can borrow books on behalf of their child as part of their own library membership.

You can join the library by filling in the webform on the library page of our website [www.cerebra.org.uk](http://www.cerebra.org.uk) or by phoning our freephone number 0800 32 81 159 and going through to the library Option 1 then Option 2. If you are not sure which books would be best for your child please email the Librarian on [janetp@cerebra.org.uk](mailto:janetp@cerebra.org.uk) and she will be happy to make some recommendations.

## Key

C = a children's book

AV = a children's DVD



= the most popular books in the library

# ADHD

---

A Dragon with ADHD

Ref: C0393

Fiction


Age 5 and under

Hi! It's Me! I have ADHD

Ref: C0339

Non-fiction

Age 5 - 8

ADHD is Our Superpower: the amazing talents and skills of children with ADHD 

Ref: C0497 & C0500 & C0501

Non-fiction

Age 5 - 8

Focused Ninja

Ref: C0447

Non-fiction

Age 5 - 8

ADHD Warrior Activity Book

Ref: C0473

Non-fiction

Age 5 - 8

The Abilities in Me-ADHD 

Ref: C0488

Non-Fiction

Age 5-8

Bluey-my dad is awesome

Ref: C0513

Fiction

Age 5-8

Bluey-my mum is the best

Ref: C0516

Fiction

Age 5-8

Bluey-Sleepytime

Ref: C0514

Fiction

Age 5-8

Sparky's Excellent Misadventures: my ADD journal by me Sparky

Ref: C0058

Fiction


Age 8-12

Jumpin' Johnny Get Back To Work – a child's guide to ADHD and hyperactivity

Ref: C0061

Fiction

Age 8-12

Can I Tell You About ADHD? A guide for friends, family and professionals 

Ref: C0369

Non-fiction

Age 8 - 12

Thriving with ADHD Workbook for Kids: 60 fun activities to help children self-regulate focus and succeed

Ref: C0396

Non-fiction

Age 8 - 12

The Survival Guide for Kids with ADHD 

Ref: C0397

Non-fiction

Age 8 - 12

All Dogs Have ADHD 

Ref: C0442

Non-fiction

Age 8 - 12

The Adventurous Detectives Hints of Discovery – 101 Fun Trivia Facts and Activities for smart ADHD kids

Ref: C0475

Non-fiction


Age 8-12

The Girls' Guide to ADHD

Ref: C0117

Non-fiction

Age 12 plus

The Teenage Girl's Guide to Living Well with ADHD – improve your self-esteem self-care and self knowledge 

Ref: C0441

Non-fiction

Age 12 plus

Managing ADHD at Young Age for Teens – simple techniques to effectively manage ADHD, anxiety and stress for teens

Ref: C0476

Non-fiction

Age 12 plus

ADHD Rocks

Ref: C0489

Non-fiction

Age 12 plus

# Autism, Aspergers and PDA

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Through the Eyes of Me

Ref: C0273 & C0274 & C0329

Non-fiction

Age 5 and under

My Awesome Autism 

Ref: C0323

Non-fiction


Age 5 and under

Through the Eyes of Us

Ref: C0330

Non-fiction

Age 5 and under

The Superhero Brain:   
explaining autism to empower  
kids

Ref: C0402

Non-fiction

Age 5 and under

My Brother is Autistic: a social  
story to help explain a little  
about autism

Ref: C0437

Non-fiction

Age 5 and under

My Sister is Autistic: a social  
story to help explain a little  
about autism

Ref: C0439

Non-fiction

Age 5 and under

My Social Stories Book: how to  
use social  
stories for kids on  
the autism spectrum 

Ref: C0075

Non-fiction

Age 5-8

Ian's Walk

Ref: C0403

Fiction

Age 5-8

My Brother is Autistic

Ref: C0421

Fiction

Age 5-8

Kevin Thinks...about outer  
space, confusing expressions  
and the perfectly logical world  
of Asperger Syndrome

Ref: C0168

Non-fiction

Age 5-8

What Is It Like to Be Me? A  
book about a boy  
with Asperger Syndrome

Ref: C0219

Non-fiction

Age 5-8

Looking After Louis

Ref: C0258

Fiction

Age 5-8

My Brother is  
Different by The  
National Autistic Society 

Ref: C0259 & C0399

Non-fiction

Age 5-8

Andy and His  
Yellow Frisbee

Ref: C0260

Fiction

Age 5-8

Autism Superheroes Comic  
Strip (Bilingual in English and  
Welsh)

Ref: C0267

Fiction


Age 5-8

Inside Asperger's Looking Out

Ref: C0296

Non-fiction


Age 5 - 8

It's a P(an)DA Thing – a visit to  
the world of pathological   
demand avoidance

Ref: C0474

Non-fiction

Age 5 - 8

My Big Brother (a book about  
autism awareness) 

Ref: C0390

Fiction

Age 5 - 8

Understand Me – an inspiring  
journey of a boy with PDA

Ref: C0368

Fiction

Age 5 - 8

Having Fun with Feelings on  
the Autism Spectrum: a CBT  
activity book for kids aged 4 - 8

Ref: C0380

Non-fiction

Age 5 - 8

My Friend with Autism

Ref: C0400

Non-fiction

Age 5 - 8

**My Sister Has Autism**

Ref: C0438

Non-fiction

Age 5 - 8

**Headphones – for children with autism and sensory processing disorder**

Ref: C0457

Fiction

Age 5 - 8

**The Abilities in Me: Autism**

Ref: C0460

Non-fiction

Age 5 - 8

**All About Autism – a kid's guide to understanding autism**

Ref: C0481

Fiction

Age 5-8

**Amazing Me Amazing You by Christine McGuinness**

Ref: C0499

Non-fiction

Age 5-8

**All About PDA by Kathy Hoopman**

Ref: C0507 & C0538

Non-fiction

Age 5-8

**The Abilities in Me: Autism**

Ref: C0460

Non-fiction

Age 5 - 8

**My Personal Space Bubble: a visual book about boundaries for autistic kids**

Ref: C0531

Non-fiction

Age 5 – 8

**What About Me? A book by an autism sibling**

Ref: C0539

Non-fiction

Age 5 - 8

**Different Like Me: a book of autism heroes**

Ref: C0065 & C0297

Non-fiction

Age 8–12

**Blue Bottle Mystery: an Asperger adventure**

Ref: C0082

Fiction

Age 8–12

**Of Mice and Aliens: an Asperger adventure**

Ref: C0085

Fiction

Age 8–12

**Can I Tell You About Asperger Syndrome? A guide for friends, family and professionals**

Ref: C0233

Non-fiction

Age 8–12

**Do You Understand Me? My life, my thoughts, my Autism Spectrum Disorder**

Ref: C0141 & C0419

Non-fiction

Age 8–12

**A Book About What Autism Can Be Like**

Ref: C0149 & C0467

Non-fiction

Age 8–12

**Explaining Autism**

Ref: C0193

Non-fiction

Age 8–12

**Can I Tell You About Pathological Demand Avoidance Syndrome?**

A guide for friends, family and professionals

Ref: C0294 & C0295

Non-fiction

Age 8–12

**Can I Tell You About Autism? A guide for friends, family and professionals**

Ref: C0376

Non-fiction

Age 8–12

**Creating Autism Champions: autism awareness training for Key Stage 1 and 2**

Ref: C0275

Non-fiction

Age 8 – 12

**The ASD and Me Picture Book – a visual guide to understanding challenges and strengths for children on the autism spectrum**

Ref: C0386

Non-fiction

Age 8 – 12

**Leah's Voice**

Ref: C0300

Non-fiction


Age 8 - 12


Autism in My Family: a journal for siblings of children with ASD  
Ref: C0317  
Non-fiction  
Age 8 - 12

He's Not Naughty! A children's guide to autism   
Ref: C0321  
Non-Fiction  
Age 8 - 12

The Pebble Secret – the story of one little girl's discovery of her autism diagnosis  
Ref: C0350  
Non-fiction  
Age 8 - 12

Pathological Demand Avoidance Explained  
Ref: C0352  
Non-fiction  
Age 8 - 12

All Cats Are on the Autism Spectrum   
Ref: C0362  
Non-fiction  
Age 8 - 12

I'm Not Upside Down I'm Downside Up: not a boring book about PDA   
Ref: C0404  
Fiction  
Age 8 - 12

The Panda on PDA  
Ref: C0435  
Non-fiction  
Age 8 - 12

The Secret Life of Rose: inside an autistic head  
Ref: C0436  
Non-fiction  
Age 8 - 12


A Kind of Spark by Elle McNicoll   
Ref: C0456  
Fiction  
Age 8 - 12

Understanding PDA for kids and grown ups  
Ref: C0490  
Non-fiction  
Age 8-12

Its Raining Cats and Dogs – an autism spectrum guide to the confusing world of idioms, metaphors and everyday expressions  
Ref: C0495  
Age 8-12

Autism Identity and Me – a practical workbook to empower autistic children and young people aged 10+  
Ref: C0504  
Non-fiction  
Age 8-12


Being Autistic and What it Actually Means  
Ref: C0537  
Non-fiction  
Age 8 - 12


How To Be Yourself in a World That's Different: an Asperger Syndrome   
guide for adolescents  
Ref: C0148  
Non-fiction  
Age 12 plus

The Curious Incident of the Dog in the Night-time by Mark Haddon  
Ref: C0182  
Fiction  
Age 12 plus

 Siblings: the autism spectrum through our eyes  
Ref: C0309  
Non-Fiction  
Age 12 plus


The Asperger Teen's Toolkit  
Ref: C0325  
Non-Fiction  
Age 12 plus

Can You See Me?   
Ref: C0328  
Fiction  
Age 12 plus

Autism Bullying and Me: the really useful stuff you need to know about coping brilliantly with bullying   
Ref: C0373  
Non-fiction  
Age 12 plus

Successful Social Stories for School and College Students with Autism: growing up with social stories  
Ref: C0379  
Non-fiction  
Age 12 plus

Developing Resilience in Young People with Autism Using Social Stories  
Ref: C0381  
Non-fiction  
Age 12 plus

The Awesome Autistic Go-To Guide: a practical handbook for autistic teens and tweens   
Ref: C0388  
Non-fiction  
Age 12 plus

Dude, I'm An Aspie! Kids' Edition

Ref: C0302

Non-fiction

Age 12 plus

The Asperkids Secret Book of Social Rules: the handbook of not so obvious neurotypical social guidelines for autistic teens



Ref: C0420 & C0440

Non-fiction

Age 12 plus

The Secrets of My Autism: an open door to my world with autism

Ref: C0455

Fiction

Age 12 plus

Queerly Autistic: the ultimate guide for LGBTQIA+ teens of the autism spectrum

Ref: C0469

Non-fiction

Age 12 plus

The Awesome Autistic Guide for Trans Teens

Ref: C0470

Non-fiction

Age 12 plus

The Teens Guide to PDA

Ref: C0518

Non-fiction

Age 12 plus

## Behaviour

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Words Are Not For Hurting

Ref: C0033

Non-fiction

Age 5 and under

Kind Hands Don't Hurt

Ref: C0341

Non-fiction

Age 5 and under

I Can Control My Anger

Ref: C0343

Non-fiction

Age 5 - 8

But Why Can't I? – a book about rules

Ref: C0354

Fiction

Age 5 - 8

I Didn't Do It! – a book about telling the truth

Ref: C0355

Fiction

Age 5 - 8

Kindness is My Superpower

Ref: C0429

Non-fiction

Age 5 - 8

Rules and Responsibilities

Ref: C0446

Non-fiction

Age 5 - 8

Don't Behave Like You Live in a Cave



Ref: C0151

Non-fiction

Age 8-12

## Cerebral Palsy

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Captain Wobbly

Ref: C0318

Fiction

Age 5 - 8

I Have Cerebral Palsy



Ref: C0324

Non-Fiction

Age 5 - 8

Xander's Cerebral Palsy Superpowers (explains all types of Cerebral Palsy)

Ref: C0370

Non-fiction

Age 5 - 8

My Child has Cerebral Palsy

Ref: C0406

Non-fiction

Age 5 - 8

The Abilities in Me – Cerebral Palsy  
Ref: C0479  
Non-fiction  
Age 5-8

Explaining Cerebral Palsy  
Ref: C0196  
Non-fiction  
Age 8-12

Can I Tell You About Cerebral Palsy? A guide for friends, family and professionals  
Ref: C0231  
Non-fiction  
Age 8-12



Cerebral Palsy Gal: a kid's book  
Ref: C0405  
Fiction  
Age 8 - 12

The Amazing Edie Eckhart – being wobbly wont stop her by Rosie Jones  
Ref: C051  
Fiction  
Age 8-12

The Amazing Edie Eckhart – the friend mission by Rosie Jones  
Ref: C0509  
Fiction  
Age 8-12

The Amazing Edie Eckhart – the big trip by Rosie Jones  
Ref: C0510  
Fiction  
Age 8-12

Moving On Up – beat the bullies, make fearless friendships and deal with funny fails by Rosie Jones  
Ref: C0512  
Age 8-12

## Down Syndrome

---

My Friend Fergus  
Ref: C0464  
Fiction  
Age 5 and under

Victoria's Day  
Ref: C0136  
Non-fiction  
Age 5-8

Mom Do I Have Special Knees?  
Celebrating our special needs child with Down Syndrome  
Ref: C0189  
Non-fiction  
Age 5 -8

The Abilities in Me: Down Syndrome  
Ref: C0462  
Non-fiction  
Age 5 – 8



Zee Zee Does it Anyway  
Ref: C0482  
Non-fiction  
Age 5-8

Down Syndrome is my Superpower  
Ref: C0491  
Fiction  
Age 5-8

## Dyspraxia

---

My Friend Josh has Dyspraxia  
Ref: C0407  
Non-fiction  
Age 5 - 8

All About Dyspraxia – understanding Developmental Co-ordination Disorder  
Ref: C0496  
Non-fiction  
Age 5-8



The Adventures of Wobbly Wallie – a story of living with Dyspraxia  
Ref: C0509  
Fiction  
Age 5-8

Can I Tell You About  
Dyspraxia? A guide for friends,  
family and professionals

Ref: C0215

Non-fiction

Age 8-12

When I Feel Red – a powerful  
story of dyspraxia identity and  
finding your place in the world

Ref: C0498

Fiction

Age 8-12

## Educational books

---

Ceri & Deri No Time for Clocks

Ref: C0331

Fiction

Age 5 and under

Me & My AAC

Ref: C0391

Fiction

Age 5 – 8

People – an interactive lift the  
flap book

Ref: C0425

Non-fiction

Age 5 and under

GCSE Maths for Neurodivergent  
Learners

Ref: C0466

Non-fiction

Age 13 plus

## Epilepsy

---

Zebra and the Seizure 

Ref: C0395

Fiction

Age 5 - 8

The Abilities in Me – Epilepsy 

Ref: C0487

Non-fiction


Age 5-8

Did You Know I have Epilepsy?

Ref: C0408

Non-fiction

Age 5 – 8

Can I Tell You About Epilepsy?  
A guide for friends, family and  
professionals 

Non-fiction

Ref: C0174

Age 8-12

Paxton Passes Out!

Ref: C0443

Fiction

Age 5 - 8

Jayben and the Golden Torch

Ref: C0492

Fiction

Age 8-12

Lucky's First EEG

Ref: C478

Fiction

Age 5-8

Jayben and the Star Gloss

Ref: C0493

Fiction

Age 8-12

# Feelings

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My Communication Flash Cards: 27 flash cards for communication on a keyring with a bungee chain and belt clip

Ref: C0418

Non-fiction

Age 3 upwards

It's Raining and I'm Okay: a calming story to help children relax when they go out and about

Ref: C0276

Fiction

Age 5 and under

What Are You Feeling? Feelings book for children

Ref: C0346

Non-fiction

Age 5 and under

When I Get Upset

Ref: C0367

Fiction

Age 5 and under

My First Big Feelings – Angry Alligator

Ref: C0529

Non-fiction

Age 5 and under

The Lonely Tree (a children's book about bereavement)

Ref: C0118

Fiction

Age 5–8

A Volcano in my Tummy 

Ref: C0508

Non-fiction


Age 5–8

Ellie Bean Drama Queen: how Ellie learned to keep calm and not overreact

Ref: C0184

Fiction

Age 5–8

When My Worries Get Too Big: a relaxation book for children with anxiety 

Ref: C0303

Non-fiction

Age 5–8

My Book of Feelings

Ref: C0269

Non-fiction

Age 5–8

Demon Teddy by Nicholas Allen – a story about getting along with people

Ref: C0281

Fiction

Age 5 – 8

The Huge Bag of Worries by Virginia Ironside

Ref: C0288

Fiction


Age 5 - 8

The Children's Book of Making Friends

Ref: C0298

Non-Fiction

Age 5 – 8

Presley the Pug: relaxation activity book 

Ref: C0315

Non-fiction

Age 5 - 8

I Can Control My Anger 

Ref: C0343 & C0536

Non-fiction

Age 5 - 8

A Sky of Diamonds, a story for children about loss grief and hope

Ref: C0382

Fiction

Age 5 – 8

Liam Says Hi – learning to greet a friend

Ref: C0401

Non-fiction

Age 5 – 8

Kindness is my Superpower

Ref: C0429

Non-fiction


Age 5 – 8

Walk Tall

Ref: C0445

Fiction

Age 5 – 8

The Red Beast: Helping children on the Autism 

Spectrum to cope with angry feelings (New Edition)

Ref: C0454

Fiction

Age 5 - 8

The Red Beast – anger workbook for all children who want to tame their red beast including those on the autism spectrum

Ref: C0472

Non-fiction

Age 5 - 8

My Bodys Power Pack: how to manage your energy and stay in charge

Ref: C0534

Non-fiction

Age 5 - 8

Friendly Facts: a fun interactive resource to help children explore the complexities of friends and friendship

Ref: C0333

Non-fiction

Age 8-12

The Disappointment Dragon

Ref: C0211

Fiction

Age 8-12

The Panicosaurus 

Ref: C0424

Fiction

Age 8-12

Don't Worry Be Happy – a guide to overcoming anxiety

Ref: C0348

Non-fiction

Age 8 - 12

No Worries! And activity book for young people who sometimes feel anxious or stressed

Ref: C0347

Non-fiction

Age 8 - 12

CBT Workbook for Kids – 40 plus fun exercises and activities to help children overcome anxiety and face their fears at home, at school and out in the world

Ref: C0349

Non-fiction


Age 8 - 12

The Amazing A-Z of Resilience 26 Curious Stories and Activities to Lift Yourself Up

Ref: C0387

Non-fiction

Age 8 - 12

The Monster Book of Feelings: creative activities and stories to explore emotions and mental health 

Ref: C0448

Non-fiction

Age 8 – 12

Moving On Up – beat the bullies, make fearless friendships and deal with funny fails by Rosie Jones

Ref: C0512

Non-fiction

Age 8-12

Wind-Down Activities by Usborne

Ref: C0512

Non-fiction

Age 8-12

Touch and Go Joe: a teen's experience of OCD

Ref: C0372

Non-fiction

Age 12 +

The Anxiety Workbook – for supporting teens who learn differently, a framework and activities to build structural, sensory and social certainty

Ref: C0449

Non-fiction

Age 12 +

The Anxiety Depression and Anger Toolbox for Kids – 150 powerful mindfulness CBT positive psychology activities to manage emotions

Ref: C0356

Non-fiction

Age 12 +

## First Time Visits

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Starting School

Ref: C0228

Fiction

Age 5 and under

Alice's Wonderful Hospital Adventure

Ref: C0431

Non-fiction

Age 5 and under

Going to the Doctor

Ref: C0432

Non-fiction

Age 5 and under

Going to the Dentist

Ref: C0433

Non-fiction

Age 5 and under

Topsy & Tim Go to the Hospital

Ref: C0226

Non-fiction

Age 5–8

Topsy & Tim Start School

Ref: C0227

Non-fiction

Age 5–8

Riley the Brave Makes it to School, a story with tips and tricks for tough transitions

Ref: C0384

Fiction

Age 5 - 8

Lucky's First EEG

Ref: C478

Fiction

Age 5-8

Going to the Dentist – Usborne First Experiences

Ref: C0502

Non-fiction

Age 5-8

## Growing Up

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Georg's Potty (Sound Book)

Ref: C0523

Non-fiction

Age 5 and under

Poo in the Zoo

Ref: C0528

Fiction

Age 5 and under

Dr Xargle's Book of Earthlet Sleepovers – a story about toilet training

Ref: C0284

Fiction

Age 4 - 8

Have You Seen My Potty?

Ref: C0152

Fiction

Age 5–8

What's happening to me? 

Growing up for boys

Ref: C0299

Non-Fiction


Age 5 – 8

Personal Hygiene? What's that got to do with me?

Ref: C0153

Non-fiction

Age 8–12

What's Happening to Ellie? A book about puberty for girls and young women with  autism and related conditions

Ref: C0248 & C0409

Non-fiction


Age 8–12

Tom Needs To Go: a book about how to use public toilets safely for boys and young men with autism and related conditions

Ref: C0249

Non-fiction


Age 8–12

The Boys Guide to Growing Up: choices and changes during  puberty

Ref: L6483

Non-fiction


Age 8–12

What's Happening to Tom? A book about puberty for boys and young men with autism and related conditions 

Ref: C0363

Non-fiction


Age 8 – 12

The Growing Up Book for Boys: what boys on the Autism  Spectrum need to know

Ref: C0365

Non-fiction

Age 8 – 12

The Growing Up Guide for Girls: what girls on the autism  spectrum need to know

Ref: C0366

Non-fiction

Age 8 - 12

The Autism-Friendly Guide to Periods


Ref: C0322

Non-Fiction

Age 12 plus

# SEN Fiction

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Susan Laughs   
Ref: C0271  
Fiction  
Age 5 and under

Gilley the Giraffe  
Ref: C0311  
Fiction  
Age 5 and under

The Five Of Us by Quentin  
Blake  
Ref: C0240  
Fiction  
Age 5-8

Avery: the story of a bird who's  
like other birds most of the  
time, but sometimes, feels a bit  
different  
Ref: C0279 & C0398  
Fiction  
Age 5 - 8

The Woodland Friends  
Adventures Through the  
Seasons  
Ref: C0505  
Fiction  
Age 5-8

Rebuilding the Pieces:  
traumatic brain injury  
Ref: C0520  
Fiction  
Age 5 - 8

Chasing Monsters: awake brain  
surgeries for kids  
Ref: C0521  
Fiction  
Age 5 - 8

A Kind of Spark by Elle McNicoll   
Ref: C0456  
Fiction  
Age 8 - 12

The Secrets of My Autism: an  
open door to my world with  
autism  
Ref: C0455  
Fiction  
Age 12 plus

# SEN Non-Fiction

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My Belly Has Two Buttons:  
explaining tube feeding to  
young children  
Ref: C0307  
Non-Fiction  
Age 5 and under

The Same But Different Too  
Ref: C0344  
Non-fiction  
Age 5 and under

This is Me by George Webster  
from Cbeebies  
Ref: C0465  
Non-fiction  
Age 5 and under

A Day with No Words (for  
children who are non-verbal)  
Ref: C0468  
Non-fiction  
Age 5 and under

Nelly's Not Naughty – hidden  
disabilities  
Ref: C0522  
Non-fiction  
Age 5 and under

It's OK to be Different   
Ref: C0238  
Non-fiction  
Age 5-8

I Have a Question about Death:  
Clear answers for all kids,  
including children with Autism  
Spectrum Disorder or other  
special needs

Ref: C0319  
Non-Fiction  
Age 5 - 8

An Ordinary Day – kids with  
rare genetic conditions (picture  
book)

Ref: C0357  
Non-fiction  
Age 5 - 8

Me & My AAC  
Ref: C0391  
Non-fiction  
Age 5 - 8

Feeding Tube Safety for Kids

Ref: C0411

Non-fiction

Age 5 – 8

The Abilities in Me:

Hydrocephalus

Ref: C0461

Non-fiction

Age 5 - 8

This is Me – kids with special needs and disabilities

Ref: C0484

Non-fiction

Age 5-8

My Brain is a Racecar – a children's guide to a neurodivergent brain

Ref: C0486

Non-fiction

Age 5-8

I've Got You – for children trying to figure out where they fit in the world and the grown ups trying to support them

Ref: C0506

Non-fiction

Age 5-8

Every Star Shines Differently

Ref: C0519

Non-fiction

Age 5 – 8

A Kid's Book About

Neurodiversity

Ref: C0527

Non-fiction

Age 5 - 8

That Dog Has A Beard! – exploring the consequences of being different

Ref: C0306

Non-Fiction

Age 8 - 12

I have a Question About Cancer – clear answers for all kids including children with autism spectrum disorder or other special needs

Ref: C0444

Non-fiction

Age 8 - 12

Hydrocephalus: what I wish I'd known

Ref: C0410

Non-fiction

Age 8 - 12

Neurodiversity! What's That? – an introduction to neurodiversity for kids

Ref: C0480

Non-fiction

Age 8-12

Wonderfully Wired Brains – an introduction to the world of neurodiversity

Ref: C0498

Non-fiction

Age 8-12

Square Me Round World – stories of growing up in a world not built for you

Ref: C0503

Non-fiction

Age 8-12

Wired Differently: 30 neurodivergent people you should know by Joe Wells

Ref: C0471

Non-fiction

Age 12 plus

Wonderfully Wired: 100 inspiring stories of neurodivergent people who changed the world

Ref: C0515

Age 13 plus

## Sensory

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That's Not My Mermaid (Usborne touchy-feely book)

Ref: C0185

Non-fiction

Age 5 and under

That's Not My Dragon (Usborne touchy-feely book)

Ref: C0186

Non-fiction

Age 5 and under

That's Not My Puppy (Usborne touchy-feely book)

Ref: C0224

Non-fiction

Age 5 and under

My Many Coloured Days by Dr Seuss

Ref: C0221

Non-fiction

Age 5 and under

Press Here – that's right press the yellow dot and turn the page

Ref: C0292 & C0220

Non-fiction

Age 5 and under

See, Touch, Feel 123: a first sensory book to share with your baby

Ref: C0524

Non-fiction

Age 5 and under

See, Touch, Feel ABC: a first sensory book to share with your baby

Non-fiction

Ref: C0526

Age 5 and under

Where's Mrs Fox

Ref: C0540

Non-fiction

Age 5 and under

The Animal Boogie (CD and song book)

Ref: C0108

Non-fiction

Age 5–8

Story Sack – We are Sailing to Galapagos (includes story book and story telling accessories)

TO BE USED UNDER ADULT SUPERVISION

Ref: C0223

Fiction

Age 5–8

I'll Tell You Why I Can't Wear Those Clothes!

Ref: C0229

Non-fiction

Age 5–8

This is Gabriel – making sense of school – a book about sensory processing disorder

Ref: C0241

Non-fiction

Age 5–8

Squirmy Wormy How I Learned to Help Myself

Ref: C0289

Fiction

Age 5 – 8

Songames for Sensory Processing: 25 therapist-created musical activities for improving fine and gross motor skills muscle strength and rhythmicity (book and 2 CDs)

Ref: C0312

Non-Fiction

Age 5 - 8

An Itchy Ouchy Morning Tommy's Impossible Socks

Ref: C0392

Fiction

Age 5 - 8

Headphones – for children with autism and sensory processing disorder

Ref: C0457

Fiction

Age 5 – 8

Brody the Lion Needs a Haircut

Ref: C0459

Fiction

Age 5 – 8

The Abilities in Me: Sensory Processing Disorder

Ref: C0463

Non-fiction

Age 5 - 8

I'm Not Difficult, You Just Don't Understand Me – life with sensory processing disorder

Ref: C0477

Non-fiction


Age 5-8

When Things Get Too Loud – a story about sensory overload

Ref: C0383

Non-fiction

Age 5-8

Sensory Smarts: a book for kids with ADHD or ASD struggling with sensory integration problems 

Ref: C0254

Non-fiction

Age 8–12

Can I Tell You About Auditory Processing Disorder?

Ref: C0326

Non-Fiction

Age 8 - 12



# Siblings

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Just Because by Rebecca Elliott

Ref: C0291

Fiction

Age 5–8

My Brother is Autistic

Ref: C0421

Fiction

Age 5–8

Babies Are Noisy: a book for big brothers and sisters including those on the autism spectrum

Ref: C0207

Non-fiction

Age 5–8

Perfect (explaining the arrival of a disabled sibling to a young sibling)

Ref: C0256

Fiction

Age 5–8

My Brother is Different by The National Autistic Society 

Ref: C0259 & C0399

Non-fiction

Age 5–8

Emily's Sister – a story for siblings of a child with dyspraxia or sensory disorder

Ref: C0270

Fiction

Age 5–8

My Big Brother

Ref: C0390

Fiction

Age 5 - 8

The Abilities in Me – superstar siblings 

Ref: C0427

Non-fiction

Age 5 – 8

Evelyn's Sister

Ref: C0428

Non-fiction


Age 5 - 8

What About Me? A book by an autism sibling

Ref: C0539

Non-fiction

Age 5 - 8

Everybody is Different: a book for young people who have brothers or sister with autism 

Ref: C0217

Non-fiction

Age 8–12

I Have Needs Too! Supporting the child whose sibling has special needs

Ref: C0243

Non-fiction

Age 8–12

Leah's Voice

Ref: C0300

Fiction


Age 8 - 12

Autism in My Family: A Journal for Siblings of Children with ASD

Ref: C0317

Non-Fiction

Age 8 - 12

I'm a Teenager Get Me Out Of Here: a survival guide for teenage siblings of young people with autism 

Ref: C0135

Non-fiction

Age 12 plus

Siblings: The Autism Spectrum Through Our Eyes

Ref: C0309

Non-Fiction

Age 12 plus

# Signing

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Sign & Singalong – Twinkle Twinkle Little Star (BSL)

Ref: C0246

Non-fiction

Age 5–8

Sign & Singalong – Baa Baa Black Sheep (BSL)

Ref: C0247

Non-fiction

Age 5–8

My First Makaton Symbols and Signs – Book 1 

Ref: C0163

Non-fiction

Age 5–8

My First Makaton Symbols and Signs – Book 2 

Ref: C0164

Non-fiction

Age 5–8

My First Makaton Symbols and Signs – Book 3 

Ref: C0165

Non-fiction

Age 5–8

My Makaton Book of Nursery Rhymes

Ref: C0177

Fiction

Age 5–8

Something Special – Mr Tumble’s Hide and Slide

Ref: C0234

Fiction

Age 5–8

Learn to Sign With Ollie (BSL)

Ref: C0338

Non-fiction

Age 8–12

Something Specials from CBeebies – How Are You Mr Tumble?

Ref: AV6608

Fiction

U classification DVD

Something Special from CBeebies – Days Out With Friends


Ref: AV6609

Fiction

U classification DVD

## Sleep

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I’m Not Sleepy – helping toddlers to sleep with tips for parents and carers 

Ref: C0353

Fiction

Age 5 and under

Sleep in Your Big Kid Bed

Ref: C0416

Fiction

Age 5 and under

Why Do I Have to Go to Bed? 

Ref: C0430

Non-fiction

Age 5 and under

Wake Up Do Lydia Lou

Ref: C0530

Fiction

Age 5 and under

Good Night Forest

Ref: C0533

Fiction

Age 5 and under

Neon the Ninja Meets the Nightmares, a story to help kids sleep

Ref: C0383

Fiction

Age 5 - 8

Dr Seuss’s Sleep Book

Ref: C0413

Fiction

Age 5 - 8

Bluey – Sleepytime

Ref: C0514

Fiction


Age 5-8

The Tin Hat Kid

Ref: C0541

Fiction

Age 5 - 8

What To Do When You Dread Your Bed: a kid’s guide to overcoming problems with sleep 

Ref: C0535

Non-fiction

Age 8–12

Wind Down Activities – an Usborne Book

Ref: C0517

Non-fiction

Age 8 – 12

The Awesome Power of Sleep: how sleep super-charges your teenage brain

Ref: C0532

Non-fiction

Age 12 plus

# Tourette Syndrome

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Tic Talk: living with Tourette Syndrome a 9-year-old boy's story in his own words

Ref: C0190

Non-fiction


Age 8–12

Can I Tell You About Tourette Syndrome? A guide for friends, family and professionals

Ref: C0214

Non-fiction

Age 8–12

I Can't Make it Stop: my diary on living with Tourette Syndrome 

Ref: C0414

Non-fiction

Age 8 - 12

The Tourettes Survival Kit: tools for young adults with tics

Ref: C0374

Non-fiction

Age 12+

# Wheelchair Use

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Susan Laughs

Ref: C0271

Fiction

Age 5 and under

Ten Other Things About Me: a book featuring Daelin and his wheelchair

Ref: C0415

Non-fiction

Age 5 – 8

Evelyn's Sister

Ref: C0428

Non-fiction

Age 5 - 8

Adventures in My Wheelchair 

Ref: C0316

Fiction

Age 5 - 8

# Children's Stories

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My Shadow

Ref: C0201

Age 5 and under

Goodnight Moon by Margaret Wise Brown

Ref: C0412

Fiction

Age 5 and under

See & Say Book – board book

Ref: C0277

Age 5 and under

Scooter the Surfing Dog Finds his Forever Home

Ref: C0452

Age 5 - 8

You're a Cheeky Monkey (story book with a monkey mask)

Ref: C0371

Fiction

Age 5 and under

# Children's e-audiobooks

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We have a few children's books available to listen to on e-audiobook through BorrowBox – see the Library page of our website for details.

Sleepytime Lullabies by Jonathan Langley

Read by various

Children's Fiction

[e-audiobook – unabridged](#)

Age 0+

Ladybird Sleepy Tales – Ten Calming Stories to Help Little Children Relax at Bedtime by Ladybird

Read by Candida Gubbins

[e-Audiobook](#)

Age 0+

Paddington by Michael Bond

Read by Paul Vaughan

Children's Humorous Fiction

[e-audiobook – unabridged](#)

Age 3+

Back to Sleep by Zoe Foster Blake

Read by Zoe Foster Blake

[e-Audiobook](#)

Age 3+

Dragons Love Tacos by Adam Rubin

Read by Adam Rubin

Children's Fiction, Fables and Fairytales – Humorous

[e-audiobook – unabridged](#)

Age 3+

Room on the Broom by Julia Donaldson

Read by Josie Lawrence

Children's Fiction – Adventure

[e-audiobook – unabridged](#)

Age 3+

The Snowy Day by Ezra Jack Keats

Read by Jane Harvey

Children's Fiction

[e-audiobook – unabridged](#)

Age 3+

The Very Hungry Caterpillar by Eric Carle

Read by Roger McGough and Juliet Stevenson

Children's Fiction - Classics

[e-audiobook – unabridged](#)

Age 3+

Supertato by Sue Hendra

Read by Sue Hendra

Children's Fiction - Humerus

[e-audiobook – unabridged](#)

Age 3+

Gigantic – the small whale with a big heart by Rob Biddulph

Read by Rob Biddulph

Children's Fiction – Verse

[e-audiobook – unabridged](#)

Age 3+

The Tiger Who Came to Tea by Judith Kerr

Read by Geraldine McEwan

Children's Fiction

[e-audiobook – unabridged](#)

Age 4+

Ladybird Presents Mindfulness for Kids by Ladybird Books

Read by Sheridan Smith

Children's Non-fiction, Lifestyle - Wellbeing

[e-audiobook – unabridged](#)

Age 4+

Goodnight Moon by Margaret Wise Brown

Read by Hoda Kotb

Children's Fiction, Bedtime Story

[e-audiobook – unabridged](#)

Age 4+

The Invisible String by Patrice Karst

Read by Patrice Karst

Children's Fiction – Romance – Family Connection

[e-audiobook – unabridged](#)

Age 4+

Bad Case of Stripes by David Shannon

Read by Jane Casserly

Children's Fiction, Young Adult Fiction

[eAudiobook – unabridged](#)

Age 5+

Tale of Peter Rabbit by Beatrix Potter

Read by Pauline Brailsford

Children's Fiction, Young Adult Fiction

[eAudiobook – unabridged](#)

Age 5+

Marge and the Great Train Rescue by Isla Fisher

Read by Isla Fisher

Children's Fiction

[eAudiobook – unabridged](#)

Age 5+

Flying Fergus: The Wreck-It Race by Sir Chris Hoy  
Read by Sir Chris Hoy  
Children's Fiction  
[eAudiobook – unabridged](#)  
**Age 5+**

The Worries Jaz and the New Baby by Jion Sheibani  
Read by Cassey Layton  
Children's Fiction - Comedy  
[e-audiobook – unabridged](#)  
**Age 5+**

The Worst Witch by Jill Murphy  
Read by Gemma Arterton  
Children's Fiction  
[e-audiobook – unabridged](#)  
**Age 6+**

A Boy Called Bat by Elana K Arnold  
Read by Patrick Lawlor  
Children's Fiction, Autism  
[e-audiobook – unabridged](#)  
**Age 6+**

Mindfulness for Kids by Carole P Roman  
Read by Tiffany Morgan  
Children's Non-fiction, Lifestyle – Wellbeing  
[e-audiobook – unabridged](#)  
**Age 6+**

Alice an Autistic Aardvark by Jo North  
Read by Jill Cofsky  
Children's Fiction  
[e-audiobook](#)  
**Age 6+**

The Horrible Story and Others by Margaret Mahy  
Read by Richard Mitchley  
Children's Fiction  
[eAudiobook - unabridged](#)  
**Age 7+**

Kitchen Disco, Bathroom Boogie and Veg Patch Party by Clare Foges  
Read by Saffron Coomber; Ed Currie and James Knight  
Children's Fiction – Comedy  
[e-audiobook \(3 in 1\) unabridged](#)  
**Age 7+**

Charlie and the Chocolate Factory by Roald Dahl  
Read by Douglas Hodge  
Children's Fiction – Fantasy  
[e-audiobook – unabridged](#)  
**Age 7+**

James and the Giant Peach by Roald Dahl  
Read by James Acaster  
Children's Fiction – Fantasy  
[e-audiobook – unabridged](#)  
**Age 7+**

Wonderfully Wired Brains – an introduction to the world of neurodiversity by Louise Gooding  
Read by Louise Gooding  
Children's Non-fiction - Lifestyle  
[e-audiobook](#)  
**Age 7+**

Matilda by Roald Dahl  
Read by Kate Winslet  
Children's Fiction  
[eAudiobook – unabridged](#)  
**Age 8+**

The Handbook by Jim Benton  
Read by Ranón de Ocampo  
Children's Fiction  
[eAudiobook – unabridged](#)  
**Age 8+**

The Hey Jack Collection by Sally Rippin  
Read by Rupert Degas  
Children's Fiction  
[eAudiobook – unabridged](#)  
**Age 8+**

Stig of the Dump by Clive King  
Read by Tony Robinson  
Children's Fiction, Fantasy Fiction, Literary Fiction  
[eAudiobook](#)  
**Age 8+**

Percy Jackson and the Lightning Thief by Rick Riordan  
Read by Jesse Bernstein  
Children's Fiction, Fables & Fairytales, Fantasy Fiction  
[eAudiobook – unabridged](#)  
**Age 8+**

Clover Moon by Jacqueline Wilson  
Read by Amy Enticknap  
Children's Fiction  
[eAudiobook – unabridged](#)  
**Age 8+**

Rent a Bridesmaid by Jacqueline Wilson  
Read by Madeleine Leslay  
Children's Fiction  
[eAudiobook – unabridged](#)  
**Age 8+**

Good Night Stories for Rebel Girls by Elena Favilli  
Read by Elena Favilli and others  
Children's Fiction, Short Stories  
[e-audiobook – unabridged](#)  
**Age 8+**

A Series of Unfortunate Events:  
The Bad Beginning by Lemony  
Snicket  
Read by Tim Curry  
Children's Fiction  
[e-audiobook – unabridged](#)  
Age 8+

We're All Wonders by R J  
Palacio  
Read by Kivlighan de  
Montebello  
Children's Fiction, Disabilities  
[e-audiobook – unabridged](#)  
Age 8+

A Kind of Spark by Elle McNicoll  
Read by Emma Tracey  
Children's Fiction - Autism  
[e-audiobook – unabridged](#)  
Age 8+

Holes by Louis Sachar  
Read by Kerry Beyer  
Children's Fiction, Adventure  
[eAudiobook – unabridged](#)  
Age 10+

Freak the Mighty by Rodman  
Philbrick  
Read by Elden Henson  
Children's Fiction, Young Adult  
Fiction  
[eAudiobook – unabridged](#)  
Age 10+

Who Killed Darius Drake? by  
Rodman Philbrick  
Read by Sean Welsh Brown  
Children's Fiction, Crime &  
Thriller  
[eAudiobook – unabridged](#)  
Age 10+

Private Peaceful by Michael  
Morpurgo  
Read by full cast  
Children's Historical Fiction  
[e-audiobook – unabridged](#)  
Age 10+

Wonder by R J Palacio  
Read by Nick Podehl and  
others  
Children's Fiction, Disabilities  
[e-audiobook – unabridged](#)  
Age 10+

Varjak Paw by S F Said  
Read by Andrew Sachs  
Children's Fiction, Adventure  
[e-audiobook – unabridged](#)  
Age 13+

His Dark Materials Book 1  
Northern Lights by Philip  
Pullman  
Read by full cast  
Young Adult Fiction  
[e-audiobook – unabridged](#)  
Age 13+

A Monster Calls by Patrick Ness  
Read by Patrick Ness and Jason  
Isaacs  
Young Adult Fiction, Loss  
[e-audiobook – unabridged](#)  
Age 13+

Anxiety Relief for Teens:  
essential CBT Skills and  
Mindfulness Practices to  
Overcome Anxiety and Stress  
by Regine Galanti  
Listening Library  
Children's Non-fiction, Lifestyle -  
Wellbeing  
[e-audiobook – unabridged](#)  
Age 13+

Sitting Still Like a Frog:  
mindfulness exercises for kids  
and their parents by Eline Snel  
Read by Jon Kabat-Zinn,  
Amanda Carlin and Myla  
Kabat-Zinn  
Non-Fiction — Health, Lifestyle  
- Wellbeing  
[eAudiobook – unabridged](#)  
All ages

## Children's e-books

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We have a few e-books for children, available through BorrowBox – see the library page of our website for details.

I Have an Autism Boost by  
Jennifer Gilpin Yacio  
Fiction – Children's Fiction  
[e-book](#)  
Age 0+

**Short Princess Bedtime Stories for Kids Aged 3-5  
by Sleepytime Adventures**

Fiction – Children's Fiction

[e-book](#)

**Age 3+**

**Short Sports Adventures Bedtime Stories for Kids  
Aged 3-5 by Sleepytime Adventures**

Fiction – Children's Fiction

[e-book](#)

**Age 3+**

**Siggie The Sloth's Sensory Adventures –  
delicious discoveries by Natalie Morgan**

Children's Non-fiction

[e-book](#)

**Age 3+**

**Epilepsy Book for Kids by Layla M Reid**

Fiction – Children's Fiction

[e-book](#)

**Age 4+**

**Understanding Autism with Rupert the Snail by  
Willow Forster-Thorpe**

Fiction – Children's Fiction

[e-book](#)

**Age 4+**

**Too Sticky -sensory issues with autism by Jen  
Malia**

Children's Fiction

[e-book](#)

**Age 4+**

**Neurons and Autism by Marille Bayliss**

Children Non-fiction

[e-book](#)

**Age 4+**

**Superpowers of The Mind by Rose Degenhardt**

Children's Non-Fiction

[e-book](#)

**Age 4+**

**Meditation For Kids – 40 activities to manage  
emotions, ease anxiety and stay focused by**

**Tejal Patel**

Children's Non-fiction -Lifestyle

[e-book](#)

**Age 4+**

**Matthew's Special Education Preschool  
Classroom by Jenni Rose**

Fiction – Children's Fiction

[e-book](#)

**Age 5+**

**Autism Describes Me Alphabet by Ezra Monte  
Harper**

Fiction – Children's Fiction

[e-book](#)

**Age 5+**

**A Kids Book About Neuro-diversity by Laura  
Petix**

Non-fiction - Lifestyle – Wellbeing

[e-book](#)

**Age 5+**

**A Kid's Book About Coping Skills by Megan Knipe**

Non-fiction - Health & Fitness

[e-book](#)

**Age 5+**

**Understanding My Friend, Alex – a story about  
autism by Calinia Weary**

Children's Fiction

[e-book](#)

**Age 5 +**

**ADHD Workbook for Kids – helping children gain  
self-confidence, social skills and self-control by**

**Lawrence Shipiro**

Children's Non-fiction

[e-book](#)

**Age 5+**

**The Amazing Brain – an activity book for a young scientist who loves someone with a brain injury by Robyn Bett**  
Children's Fiction  
[e-book](#)  
**Age 5+**

**The Rabbit In The Window by Christine Goulbourne**  
Children's Fiction  
[e-book](#)  
**Age 5+**

**My Friend with Autism by Beverly Bishop**  
Fiction - Children's Fiction  
[e-book](#)  
**Age 6+**

**Welcome to the Enchanted Forest of Special Needs by Frankie Banuelos**  
Fiction - Children's Fiction  
[e-book](#)  
**Age 6+**

**Exploring Autism from Awareness to Autism by Amira Shahin**  
Education  
[e-book](#)  
**Age 6+**

**My Brother Has Autism – understanding autism through the eyes of a sibling by Bernadette Swindells**  
Non-fiction - Lifestyle – Wellbeing  
[e-book](#)  
**Age 6+**

**Katie Finds Her Voice – a story about autism by Amy McCoy**  
Children's Fiction  
[e-book](#)  
**Age 6+**

**Even With Autism... I Can Be Anything by Lissette J Hernandez**  
Non-Fiction – Children  
[e-book](#)  
**Age 7+**

**The ABC's of Autism by Barriana Woods**  
Non-fiction - Lifestyle – Wellbeing  
[e-book](#)  
**Age 7+**

**I Have Epilepsy by Keyonia Cox**  
Education  
e-book  
**Age 7+**

**I Think Differently – My Family's Journey with Autism by Kylen Barron**  
Non-fiction - Lifestyle – Wellbeing  
[e-book](#)  
**Age 7+**

**My Brother Autism and Me by Aisha Pope and Alicia Diane Durand**  
Fiction – Children's Fiction  
[e-book](#)  
**Age 8+**

**Can You See Me? By Libby Scott**  
Fiction – Children's Fiction  
[e-book](#)  
**Age 8+**

**Amazing Abe Has Autism! by Rooman F Ahad**  
Fiction – Children's Fiction  
[e-book](#)  
**Age 8+**

**Know Me for my Ability Not my Disability – Jack and George's Story of Inclusion by Kevin Valido**  
Fiction – Children's Fiction  
[e-book](#)  
**Age 8+**

**A Girl's Guide to Puberty and Periods by Christine Hagstrom**  
Non-Fiction – Lifestyle - Wellbeing  
[e-book](#)  
**Age 8+**

**Boys Puberty and Growing Up by Eliora**  
Non-fiction - Lifestyle – Wellbeing  
[e-book](#)  
**Age 8+**

Christopher and Cerebral Palsy by Collin James Pallisser

Fiction – Children's Fiction

[e-book](#)

Age 8+

My Life Beyond Autism by Hey Gee

Fiction – Children's Fiction

[e-book](#)

Age 8+

Rebel Girls Celebrate Neurodiversity by Rebel Girls

Non-fiction - Lifestyle – Wellbeing

[e-book](#)

Age 8+

The Autism Playbook for Teens by Irene McHenry and Carol Moog

Non-Fiction — Health, Lifestyle, Wellbeing, Social Science

[eBook](#)

Age 10+

Staying Safe Online by Louie Stowell

Non-Fiction – Science and Technology – Internet, Current Affairs

[e-book](#)

Age 10+

Mindfulness for Teen Anger by Jason R Murphy

Non-Fiction – Lifestyle – Wellbeing

[e-book](#)

Age 10+

Big Feelings and What They Tell Us by Rebekah Ballagh

Non-fiction – Childrens

[e-book](#)

Age 10+

The Goldfish Boy Book 1 by Lisa Thompson

Fiction – Children's Fiction

[e-book](#)

Age 10+

The Sleep Lab – cool facts, strange dreams and the science of sleep for kids by Hollis Grevan

Children's Non-fiction

[e-book](#)

Age 10+

Neurons and ADHD by Marille Bayliss

Children's Non-fiction

[e-book](#)

Age 10+

Neurons and Epilepsy by Marielle Bayliss

Children's Non-fiction

[ebook](#)

Age 10+

Mismatched Socks – getting over anxiety, embracing your weird and finding your own style by Ivy Elle

Children's Non-fiction

[e-book](#)

Age 10+

Sleepovers (book 1) by Jacqueline Wilson

Children's Fiction

[e-book](#)

Age 10+

Mindfulness for Teen Anxiety by Christopher Willard

Non-Fiction – Health, Lifestyle – Wellbeing, Psychology

[e-book](#)

Age 13+

The Stress Survival Guide for Teens by Jeffrey Bernstein

Non-Fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

Social Media and Mental Health by Claire Edwards

Non-fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

## Winning with ADHD by Grace Friedman

Non-fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

## Social Anxiety Survival Guide for Teen Girls with Autism by Klish Kinderman

Non-fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

## The ADHD Workbook for Teen Girls by Catherine Mutti-Driscoll

Non-fiction – Lifestyle – Wellbeing

[e-book](#)

Age 13+

## Find out more

To find out more about our library and to download the adult book list and sensory toy list visit our website: [www.cerebra.org.uk](http://www.cerebra.org.uk)





# Working wonders for children with brain conditions

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